

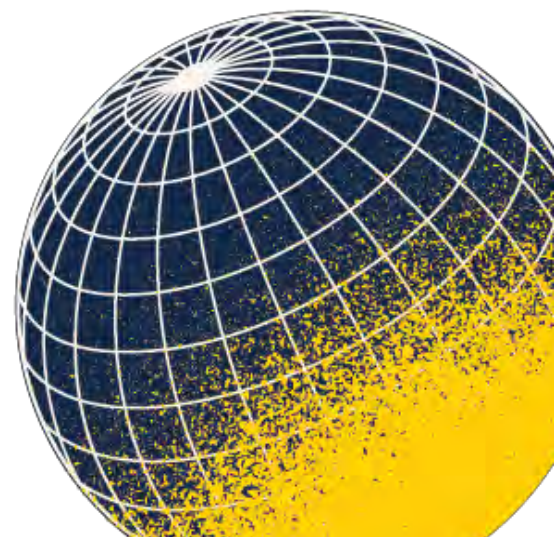
**UC San Diego**

**GLOBAL INITIATIVES**

International Services and Engagement Office

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**Welcome to UC San Diego:**  
**Student Health –**  
**Immunizations & Insurance**  
**Requirements**





# WELCOME to UC San Diego!

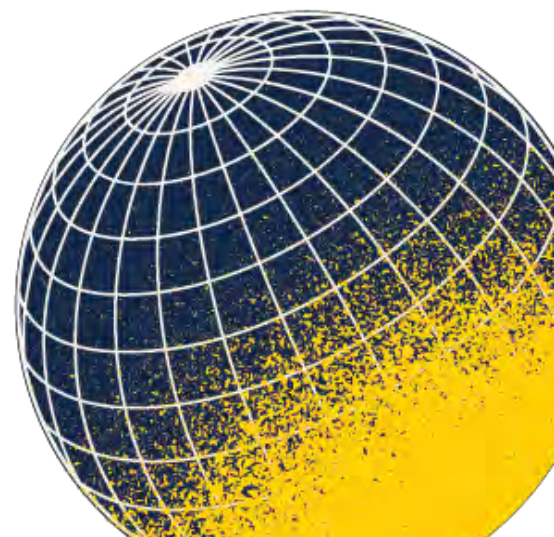


UC San Diego

**GLOBAL INITIATIVES**  
International Services and Engagement Office

UC San Diego

**DIVISION OF GRADUATE EDUCATION  
AND POSTDOCTORAL AFFAIRS**



# Presenters



- **Grace Fuller & Jessica Boyle**
  - International Services and Engagement Office (ISEO)
- **Jill Battikha**
  - Billing & Insurance Manager
  - Student Health Services
- **Annie Horton**
  - Director of Nursing
  - Student Health Services

# Agenda

- **International Services and Engagement Office (ISEO)**
- **First Steps Checklist Reminders**
- **Student Health Services (SHS)**
- **Immunization Requirements**
- **Upcoming Webinars**
- **Q&A**

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International Services and Engagement Office



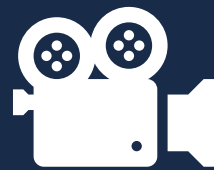
# Before We Begin



**You are in listen-only mode.** You can hear us, but we can't hear you.

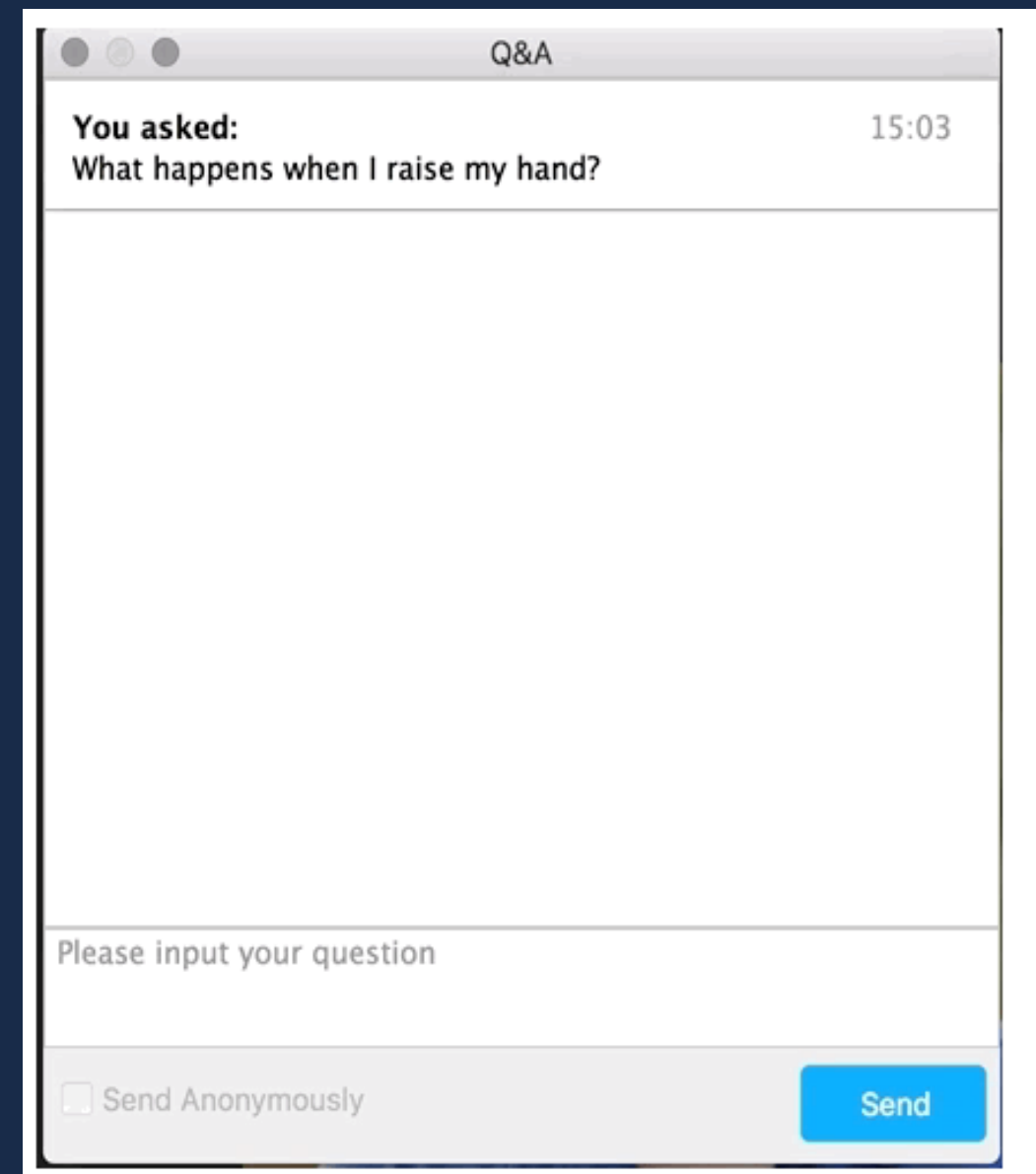


**Ask questions** – Use the Q&A feature to submit questions. You can also contact us at [iContact.ucsd.edu](https://iContact.ucsd.edu)



**We're recording.** You'll be able to view this webinar recording at [iNewStudentWebinars.ucsd.edu](https://iNewStudentWebinars.ucsd.edu)

# CONTROL PANEL



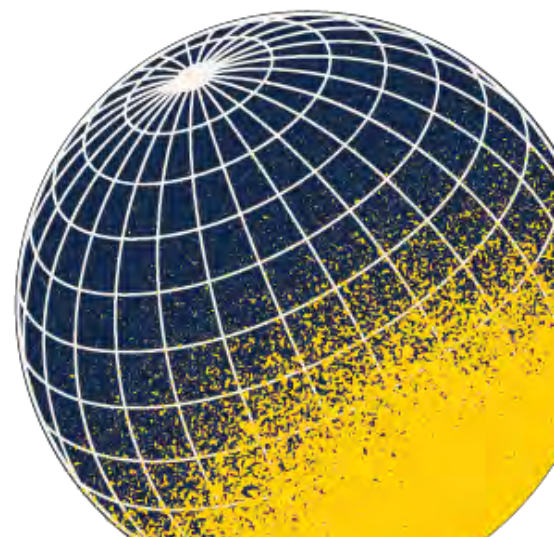
# First Steps Checklist

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UC San Diego

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International Services and Engagement Office



# Accept Your Offer of Admission



- Log into your [applicant portal](#) and complete your Enrollment Checklist, including:
  - Accepting your offer of admission
  - Completing the [California Residency for Tuition Purposes Questionnaire](#) (if required)



# Accept Your Offer of Admission



- 2-3 days later, you will receive an email asking you to create your TritonLink Active Directory and Duo accounts. Creation of your Active Directory will provide you with your UC San Diego PID and email.

A new checklist item has been added to your Applicant Portal. Please proceed to your [Applicant Portal](#) and follow the instructions for creating your TritonLink Active Directory account. This account is what you will use to conduct all student related activity such as applying for Housing and registering for classes.

Thank you,

Office of Admissions  
UC San Diego



## NEWLY ADMITTED INTERNATIONAL STUDENTS

(This page has a friendly link that's easy to remember: [iNewStudent.ucsd.edu](https://iNewStudent.ucsd.edu))

Welcome newly admitted international students! Follow the links below for advising guides based on your educational level or type.

[READMITTED STUDENTS RETURNING TO UC SAN DIEGO CLICK HERE](#)

### UNDERGRADUATE STUDENTS

Bachelor's students.

[LEARN MORE](#)

### GRADUATE STUDENTS

Master's and PhD students.

[LEARN MORE](#)

### EXCHANGE STUDENTS

University of California Education Abroad Program (UC EAP) reciprocity students & Global Exchange Program students.

[LEARN MORE](#)

### SUMMER SESSION STUDENTS

Short-term students visiting only for Summer Session.

[LEARN MORE](#)

## Information for Newly Admitted International Undergraduate Students

Welcome! This page provides a comprehensive guide for newly admitted international undergraduate students (First-Year New Freshmen and Third-Year Transfer Students) on obtaining their U.S. visa (F-1 or J-1) and preparing for their arrival to the United States. The information under the Steps below will help you get ready to start your unforgettable student experience at UC San Diego.

### STEP 1: Request Your Immigration Documents

Requesting your Form I-20/DS-2019 and applying for your F-1 or J-1 visa stamp; or transferring your SEVIS record.

[LEARN MORE](#)

### STEP 2: Prepare for Your Arrival to UC San Diego

Travel arrangements, housing, and completing UCSD health and enrollment requirements.

[LEARN MORE](#)

### STEP 3: Arrival to the U.S. and UC San Diego

What to expect at Customs, activating your F-1 or J-1 status upon arrival to UC San Diego, and International Student Orientation.

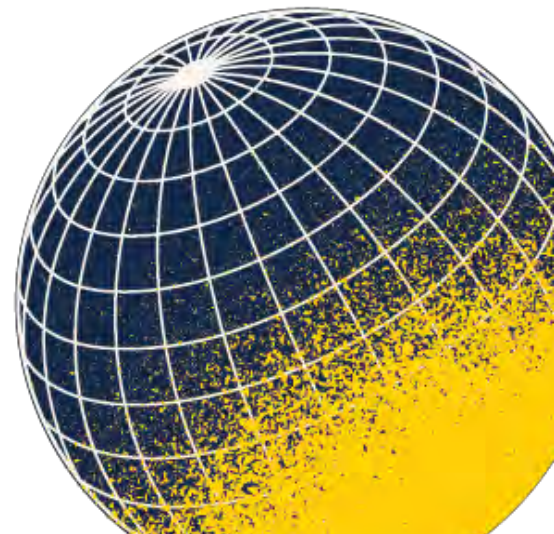
[LEARN MORE](#)

# Student Health Services

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UC San Diego

**STUDENT HEALTH AND WELL-BEING**  
Student Health Services

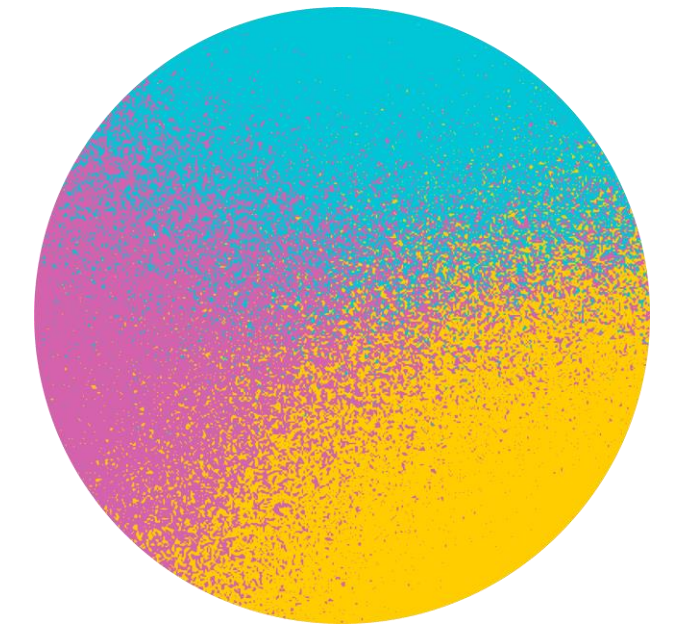


# Agenda

- **Health Insurance Requirements for UC**
- **Student Health & Well-Being Clinic on campus**
- **UC Student Health Insurance Plan (UC SHIP)**
- **Benefits of UC SHIP**
- **Health Fee Waivers**
- **Reduced Access Fee for Tritons (RAFT)**
- **Q&A**



# Health Insurance Requirements Academic Year 2024/2025



Presented by: Jill Battikha  
UCSD Student Health  
Insurance & Billing

**UC San Diego**

**STUDENT HEALTH AND WELL-BEING**  
Student Health Services

# UCSHIP



PLEASE SCAN QR CODE

[www.MyUCSHIP.org](http://www.MyUCSHIP.org)

UC San Diego  
HEALTH SYSTEM

# STUDENT HEALTH



PLEASE SCAN QR CODE

[www.MyUCSHIP.org](http://www.MyUCSHIP.org)

# WAIVER



PLEASE SCAN QR CODE ABOVE

<https://shwadmin.ucsd.edu/uc-ship/waive/index.html>

# RAFT



<https://shwadmin.ucsd.edu/insurance-other/raft/index.html>



# What is UC SHIP?

**SHIP** – Student Health Insurance Plan

UC and Anthem Blue Cross est. 2011

To protect our students and our campus

- UC SHIP offers medical, pharmacy, dental, vision, mental health and substance use disorder.
- You can visit any of the other UC's in CA and receive the same benefits.
- SHIP covers you globally, so take that trip!

*For AY2024-25, the cost per quarter is \$1881 for Grads & \$898 for Undergrads*



Students cannot use their home insurance or government coverage at Student Health as we do not hold contracts with other insurance companies!



# What does Student Health on campus offer?

## Full primary care physician services

MD's, NP's, RN's, X-ray, Lab, Pharmacy, Urgent Care, Optometry, Immunizations, Dietician, Social Worker, CAPS, and more...

## Payer Classification accepted:

- SHIP (Student Health Insurance Plan)
- Fee For Service (Credit Card Payment)
- RAFT (Reduced Access Fee for Tritons Membership)





# What does Student Health on campus offer?

## Student Health Services (SHS) Hours:

Mondays: 8am-6pm

Tuesday, Wednesday, & Friday: 8am-4pm

Thursdays: 9am-4pm

Fall, Winter, Spring, and Summer

Appointments & after-hours nurse: (858) 534-3300 all year

Login in to "MyStudentChart" to send messages to providers or schedule an appointment.

Urgent Care is a walk-in service during open hours.



For anyone covered under SHIP, this is your primary care physician office



# Benefits

# Please download the **Sydney** app to receive your digital insurance card...



## Your digital ID card is available right away

To access your ID card:

1. Register on [anthem.com/ca](http://anthem.com/ca) or the Sydney Health mobile app with your student ID.
2. Once you're logged in, check to make sure your ID card preference is set to digital.

## Download your card to your mobile device:

If there's a weak internet connection you'll be prepared. You can:

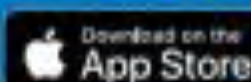
- Print a copy of your card anytime.
- Email or fax it from your computer or mobile device.
- Show it to your doctor from your smartphone. Your digital ID card is always there and works just like a printed ID card.

## Keeping health care information handy is a good idea.

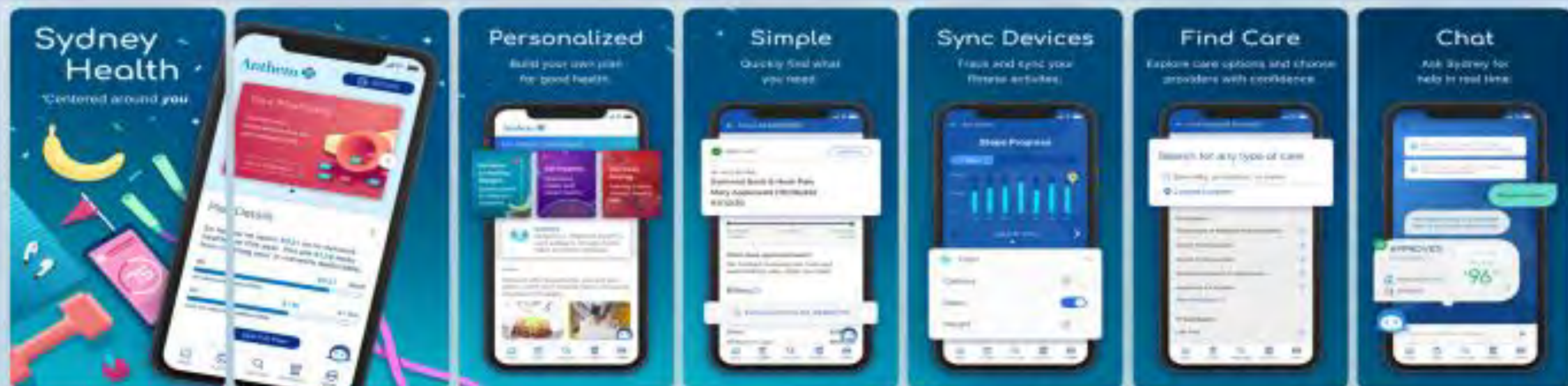
You can also use the Sydney Health app and [anthem.com/ca](http://anthem.com/ca) to check benefits and claims or chat with a Student Support Specialist to find answers quickly.



Download the Sydney Health app today



If you have questions, call the number on your member ID card



# Three Tiers of Medical Coverage

## UC Providers \$

- UC Providers and Facilities
- No deductible
- 3 acute UC hospitals in the surrounding neighborhood.

## Anthem Network \$\$

- Seeking care at an Anthem Blue Cross, PPO contracted provider.
- Find providers by calling Anthem at 1-866-940-8306 or using Find a Provider on the Anthem.com website.
- This requires a **\$500** deductible.

## Out of Network \$\$\$

- Using a provider that doesn't work for UC and doesn't hold contracts with Anthem Blue Cross, PPO.
- Highest out of pocket experience under any insurance.
- This requires a **\$1000** deductible
  - After the deductible is met, you will need to pay an additional 40%

**UC San Diego**

**STUDENT HEALTH AND WELL-BEING**  
Student Health Services



# Mental Health Options



## UC SHIP Mental Health Options

- Contact CAPS 858-534-3755 or Student Health 858-534-3300 to request an appointment or request a referral for an external provider.
- Students may schedule through MyStudentChart.
- UCSD College Mental Health is a \$5 copay per visit. Referrals are valid for one year or 52 visits and may be used by different providers.
- Referrals for Anthem Blue Cross providers are a \$10 copay per visit and referrals are valid for one year or 52 visits and may be used by different providers.
- Live Health Online for mental health, students access the website and follow the instructions: <https://livehealthonline.com/>



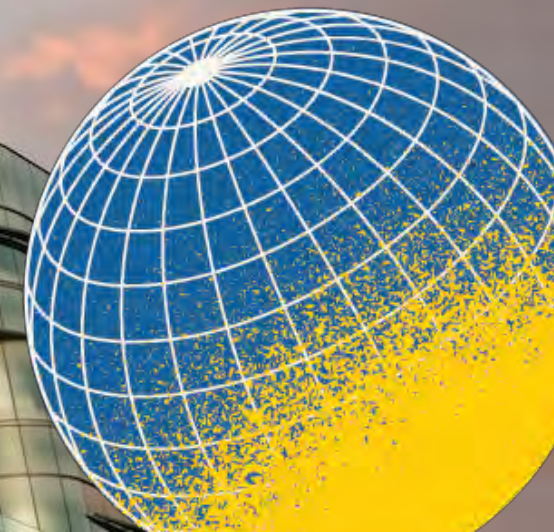
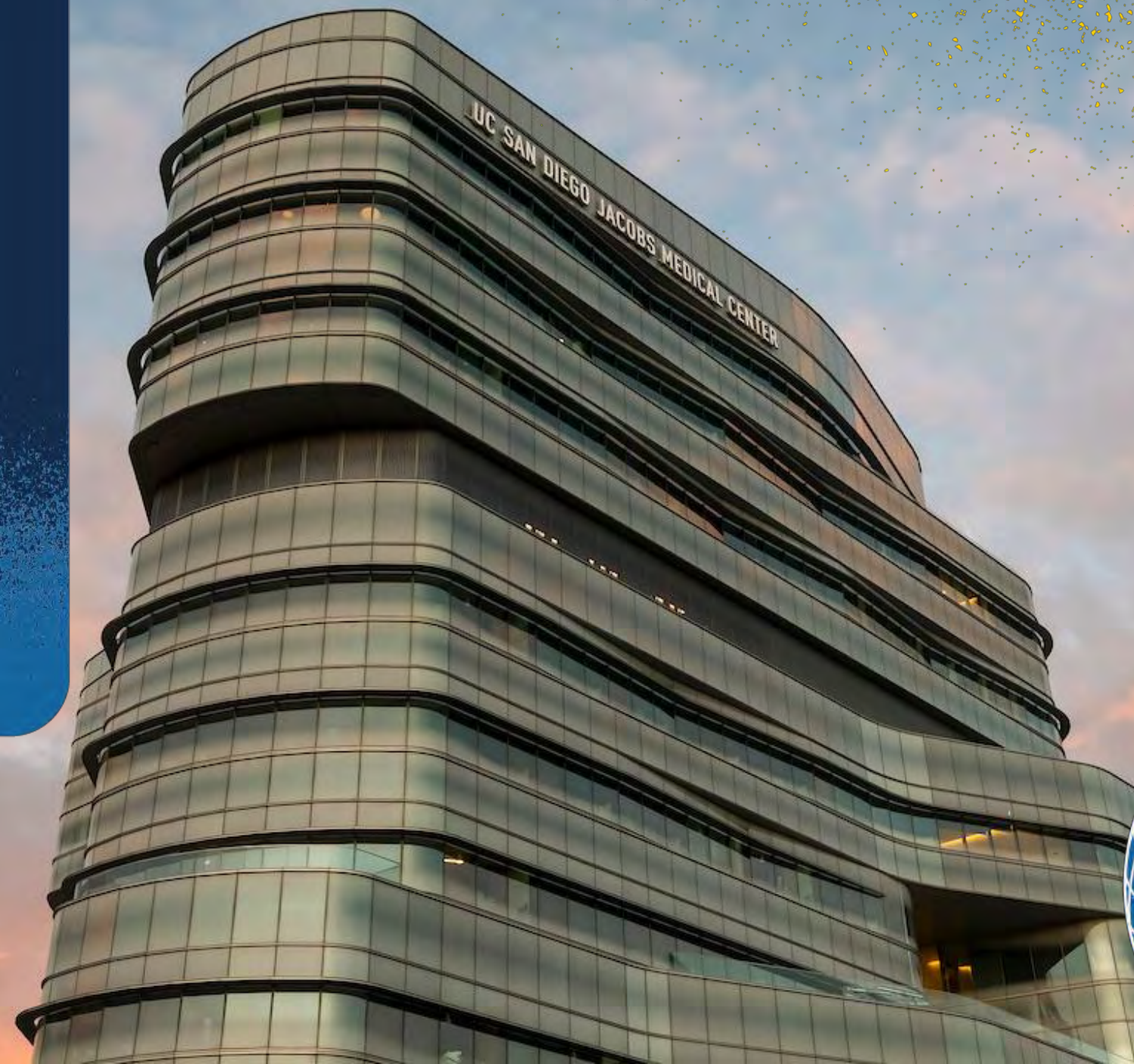
## Urgent Care and Emergency Care

- **If Student Health is closed, please contact our mainline at 858-534-3300, a registered nurse will provide health advice.**
- **If you have an urgent situation that is not really an emergency, please visit UCSD Health System Urgent Care on Villa La Jolla Drive. On UCSHIP, the copay is \$25.**
- **If you are having an \*emergent event and need to be seen right away, please visit UCSD Health System Thornton Hospital or UCSD Hillcrest Hospital. The UCSHIP copay is \$150. If you are admitted to the hospital, UCSHIP will cover 90% of the charges at a UC facility.**

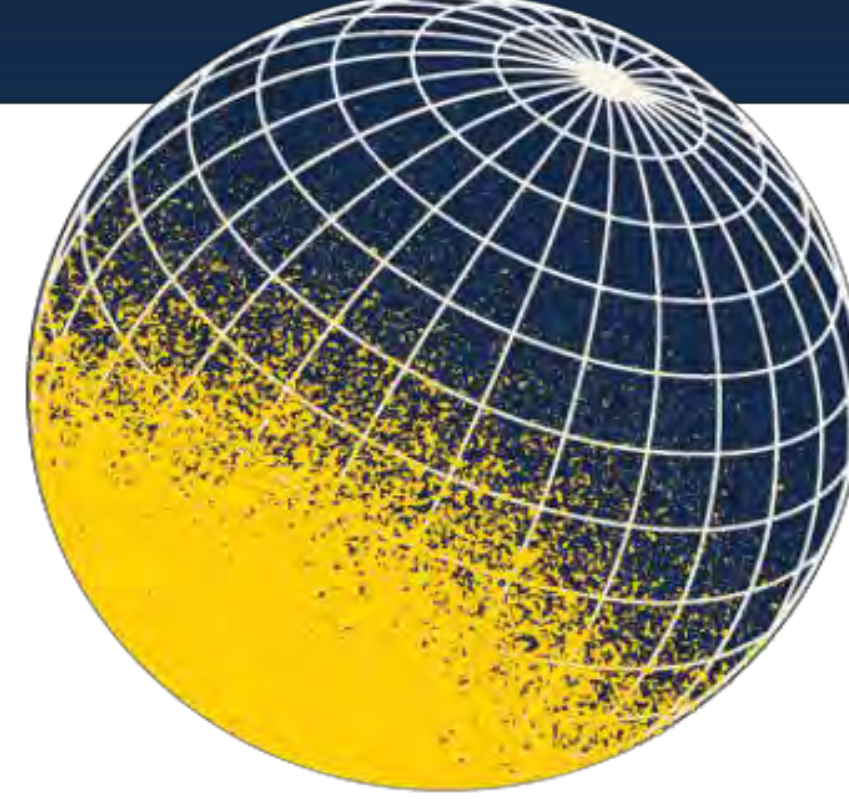
**\*An emergent event definition:**

A sudden, urgent, usually unexpected incident or occurrence that requires an immediate reaction or assistance for emergency situations faced by the recipients of public assistance

Referrals may be requested of any primary care provider at 858-534-2918 or 858-822-5926. We cannot provide retroactive referrals.



# Supplemental Dental Coverage



## Delta Dental PPO

- UCSHIP members have \$1,000 USD worth of coverage for
  - Teeth evaluation and cleaning
  - Fillings
  - X-Rays
  - Root canals and tooth extraction
- To find a dentist, please
  - Call 1-800-765-6003
  - Visit [www.deltadentalins.com/ucship](http://www.deltadentalins.com/ucship)

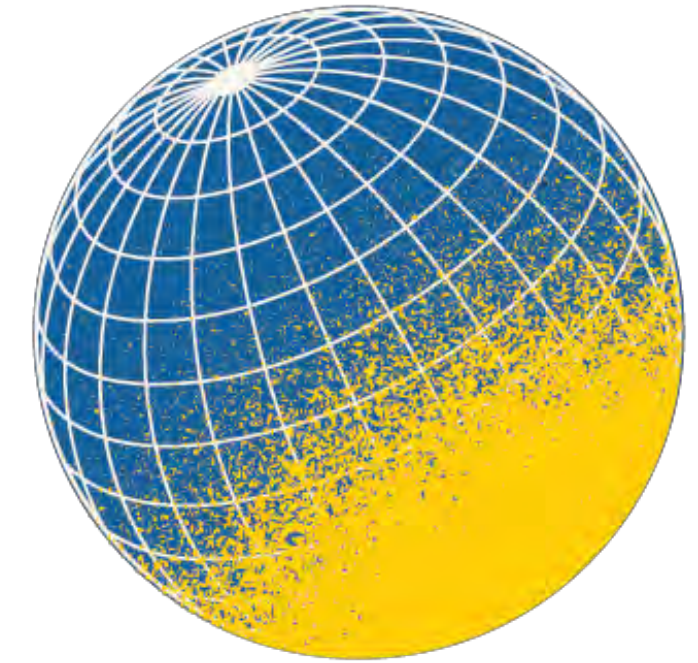
Referrals are unnecessary for dental care.

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Student Health Services



# Supplemental Vision Coverage



## **Anthem Blue View Vision**

- One routine eye exam per benefit year (8/1 thru 7/31)
- \$120 to apply towards frames and lenses or contact lens once per benefit year

**UCSD Student Health Optometry** – Call 858-534-2602 to schedule an appointment.

**Anthem EyeMed** - Call 1-866-940-8306 to locate a contracted provider.

No Referral Required.

# AY 2024-25 Waiver Timeframes for Submission

- The waiver may only be applied for during open timeframes and may only be submitted through the student's Triton Link account.
- Students must be registered in order to access the application. Parents or authorized users are not allowed to access the application.



## Open Time-Frames

Fall 2024

5/6/24 through 9/14/24

- ❖ Late waivers nor retroactive waivers are accepted.
- ❖ The waiver must be renewed each school year prior to Fall.

My TritonLink Tools

students.ucsd.edu/my-tritonlink/tools/#

AHP wvr Student Waiver Up... AHP WAIVER AHP Waiver login Academic HealthPla... File Info Center RL... Confirm and pay

UC San Diego TRITONLINK

Search Tritonlink Search Faculty/Staff

System

TRITONLINK TOPICS	ADVISING & GRADES	CLASSES & ENROLLMENT	FINANCIAL TOOLS	PERSONAL FORMS
Academics	Academic History	Canvas	Billing & Payment	Addresses
Finances & Jobs	Co-Curricular Record	Enrollment Auth (EASy)	Direct Deposit	Public Info
Student Life	Degree Audit	Holds	Financial Aid	Restrictions
Well-Being	Degree Planner	Schedule of Classes	<b>Health Fee Waiver/RAFT</b>	Social ID/M
Campus Services	General Catalog	WebReg	Parking Permits	Handshake
	GPA Calculator		Triton Cash	All Student
	Major & Minor		Tuition Information	

https://students.ucsd.edu/my-tritonlink/tools/#

## Required Waiver Information

Summary of Health and Coverage (SOC) document will help you determine a health fee. The SOC shows you how you will be covered when the cost for covered health care services (MCO) information about the cost of the fee waiver for the waiver will be provided separately. This waiver is required for non-UC students and coverage, or to get a copy of the waiver and coverage information, please contact the UCSD Health Services at 619-594-2200 for general information on services and at 619-594-2200 for more information on the waiver process. For more information on the waiver process, please visit the UCSD Health Services website at [www.health.ucsd.edu](http://www.health.ucsd.edu) or call 619-594-2200.

UC San Diego Health Services and Covered Insurance

Change Your Insurance (For Type 100)

Change for Student/Staff (For Type 100)

Request Question	Answer	Why You Need
What is the cost of the waiver?	There is no charge for UC Health Services. For students who are not UC students, the cost of the waiver is \$100 per year of enrollment. The cost of the waiver is \$100 per year of enrollment. The cost of the waiver is \$100 per year of enrollment.	Health Services will provide the waiver for you. If you have other health insurance, you may be able to get a waiver for the cost of the waiver. The cost of the waiver is \$100 per year of enrollment.
Is there a deadline for when you need to get the waiver?	The waiver is available for students who are not UC students. The waiver is available for students who are not UC students. The waiver is available for students who are not UC students.	The waiver is available for students who are not UC students. The waiver is available for students who are not UC students. The waiver is available for students who are not UC students.
Is there a deadline for when you need to get the waiver?	The waiver is available for students who are not UC students. The waiver is available for students who are not UC students. The waiver is available for students who are not UC students.	The waiver is available for students who are not UC students. The waiver is available for students who are not UC students. The waiver is available for students who are not UC students.
What is the cost of the waiver for the year?	The cost of the waiver is \$100 per year of enrollment. The cost of the waiver is \$100 per year of enrollment. The cost of the waiver is \$100 per year of enrollment.	The cost of the waiver is \$100 per year of enrollment. The cost of the waiver is \$100 per year of enrollment. The cost of the waiver is \$100 per year of enrollment.

UC San Diego Health Services | 619-594-2200 | [www.health.ucsd.edu](http://www.health.ucsd.edu) | Page 1 of 1

# RAFT (Reduced Access Fee for Tritons)

If you waive, please consider the RAFT offering. RAFT is prepaid access to Student Health Services. RAFT provides convenient and inexpensive medical care for students who waive SHIP.

## + What does RAFT cost?

- \$70 per quarter

## + What does it include?

- Scheduled office appointments
- Lab services (CBC, basic blood panels)
- Skeletal X-rays at Student Health

**RAFT is not INSURANCE.** It is a membership to come into our UCSD Student Health clinic for care, it does not replace your insurance or pay for services outside of Student Health & Well-Being.

**RAFT provides peace of mind for parents and students.**



RAFT Details

## ▪ RAFT does NOT include:


pharmacy, dental, optometry, vaccines, or services obtained outside of UCSD Student Health...





**We don't accept international health plans for the health fee waiver...but we will accept:**

**Accepted International Plans:**

- **ISO Care Plan**
    - <https://www.isoa.org>
  - **PSI Platinum Plan**
    - <https://www.psiservice.com>
  - **Student Medcover**
    - <https://www.smcovered.com>
- 

# IMPORTANT DEADLINES & REMINDERS

**NOW**

Look at your health plan and our resource information to make the right health insurance coverage decision for you!

**MAY 6**

Health Fee Waiver Opens on Triton Link  
Visit:  
<https://students.ucsd.edu/my-tritonlink/tools/#>  
**YOU MUST BE REGISTERED!**

**SEPT 14**

Deadline to apply for a health fee waiver for Fall Quarter  
Visit:  
<https://students.ucsd.edu/my-tritonlink/tools/#>

**SEPT 20**

**HARD** Deadline for the health fee waiver, with a \$50 late fee!  
Waivers will not be accepted after this date!

**SEPT 23**

Fall 2024 Officially Begins  
UC SHIP becomes effective!



# Resources

# Contacts

- UCSD Student Health and Well-Being
  - <https://studenthealth.ucsd.edu/>
  - Phone 858-534-3300
- UCSD Counseling & Psychological Services (CAPS)
  - <https://caps.ucsd.edu/>
  - Phone 858-534-3755
- UCSD Student Health Insurance
  - <https://shwadmin.ucsd.edu/uc-ship/index.html>
  - Phone 858-534-2124
  - Email [SHIP3@ucsd.edu](mailto:SHIP3@ucsd.edu)

- Anthem Blue Cross
  - <https://www.anthem.com/>
  - Phone 866-940-8306
- Delta Dental
  - <https://www1.deltadentalins.com/individuals/welcome.html>
  - PPO phone 800-765-6003
- Optum Rx phone
  - <https://www.optumrx.com/public/landing>
  - Phone 844-265-1879
- UCSD Health Billing
  - <https://health.ucsd.edu/patients/billing/Pages/default.aspx>
  - Phone 855-827-3633
- Academic Health Plans (AHP)
  - <https://www.ahpcare.com/>
  - Phone 855-428-0730
- UCSD Financial Clearance
  - Phone 858-657-8380
- San Diego Medical Office Kearny Mesa
  - Phone 858-694-3900



zoom

UCSD Insurance offers ZOOM meetings every week on M, W, & F 11am-12pm.

Dial in 1-699-900-6833

or log on with your computer

- Monday access code: [85143178680](tel:85143178680)
- Wednesday access code: [87385801858](tel:87385801858)
- Friday access code: [86367721797](tel:86367721797)



# Thank You

- Website: <https://shwadmin.ucsd.edu/uc-ship/index.html>
- Email: [ship3@ucsd.edu](mailto:ship3@ucsd.edu)
- Phone: 858-534-2124

UC San Diego

STUDENT HEALTH AND WELL-BEING  
Student Health Services

[Studenthealth.ucsd.edu](https://studenthealth.ucsd.edu)

**Connect With Us**



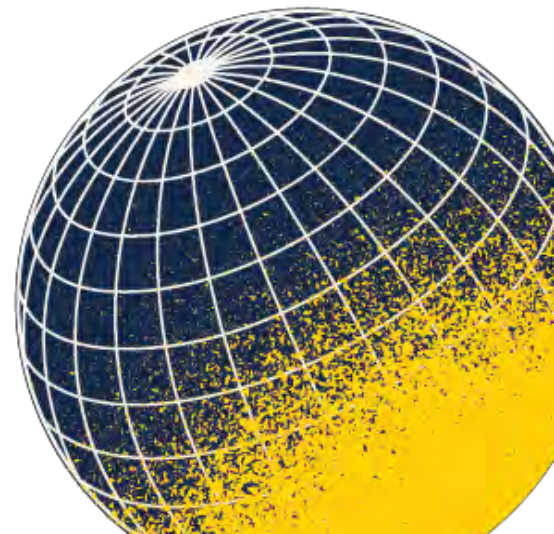
**Follow us on Social Media!**

# Incoming Health Requirements

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UC San Diego

**STUDENT HEALTH AND WELL-BEING**  
Student Health Services



# Why?

- To protect you, your friends, your classmates and the entire University community from preventable communicable diseases
- **Outbreaks** occur in University settings causing significant personal and academic disruption.



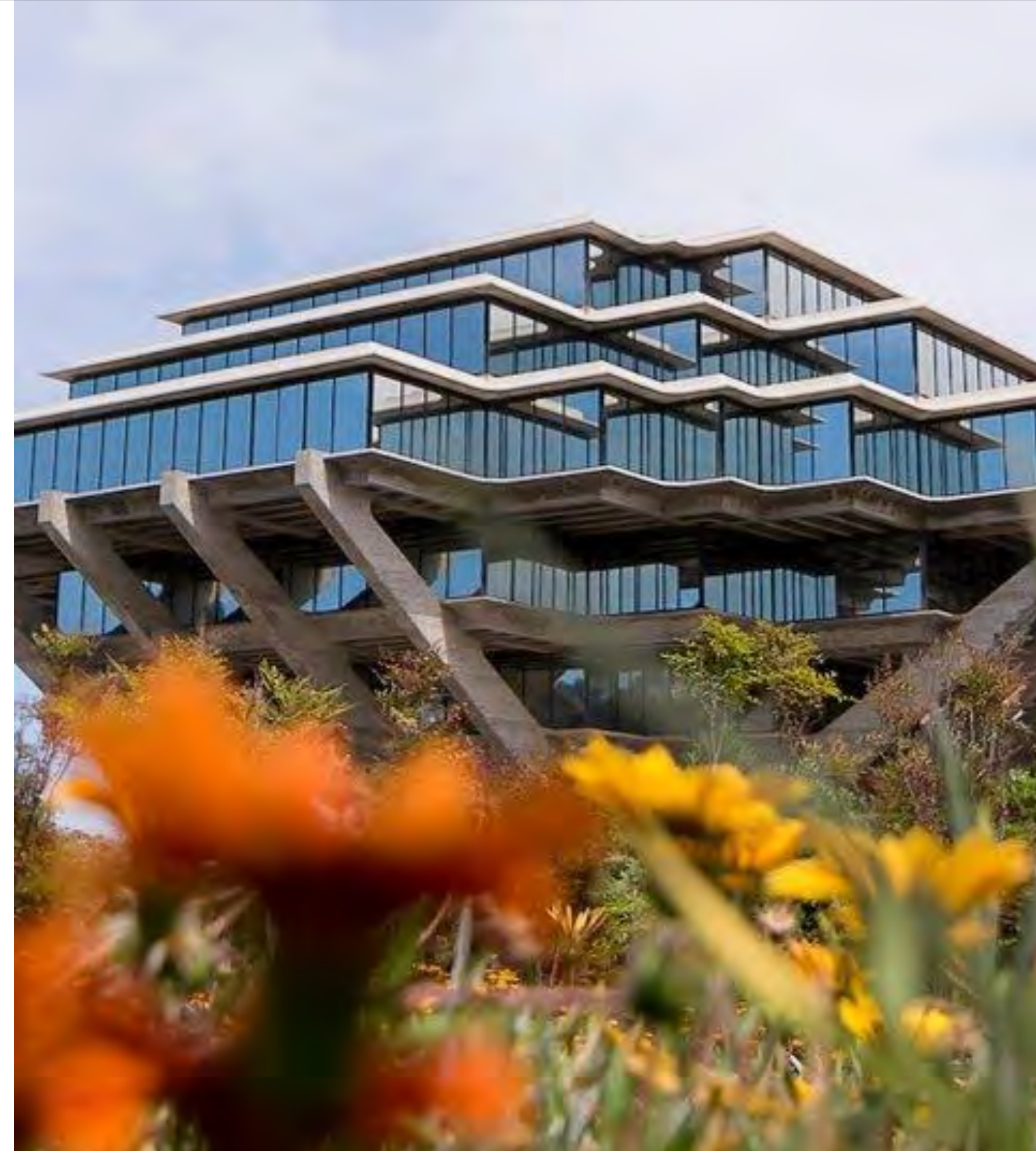
## What are the Health Requirements?

- Tuberculosis Risk Screening +/- TB testing
  - Testing is determined by risk
- Regular Immunizations
  - Tdap, MMR, Varicella, Meningococcal Vaccines
- COVID Vaccine

**Deadline: July 10th**

## Starting the Process

- Log into the Student Health Services student health portal -> MyStudentChart
  - <https://mystudentchart.ucsd.edu/shs/>
- You will need your UCSD Student AD login (email and password)
- **All new students loaded May 1st, 2024**
- You will be issued a campus username and email account shortly after accepting an offer of admission.
- Information and links on the Triton Checklist



# Admission Enrollment Checklist

**JULY 10**

## **COMPLETE THE UC IMMUNIZATION REQUIREMENTS**

All incoming students are required to enter proof of specific vaccinations/immunizations.

- Tdap Vaccine
- MMR Vaccine or titers
- Varicella Vaccine or titers
- Meningococcal Vaccine

Log into [MyStudentChart](#) using your AD login, go to **MENU > IMMUNIZATION & SCREENING > IMMUNIZATION REQUIREMENTS** to self-enter your required and highly recommended vaccine dates.

For more information, copies of all forms, how to apply for an exemption and deadlines please visit [Student Health Website - Health Requirements page](#).

You will need your AD login set-up to complete this process (UCSD email & password).

To complete your Health Requirements and to communicate with Student Health, you will need to activate your online health portal in the electronic medical record referred to as [MyStudentChart](#)

For all questions regarding this process, please log into [MyStudentChart](#) and go to **MESSAGES > ASK A NURSE**.

**JULY 10**

## **COMPLETE THE TB RISK ASSESSMENT QUESTIONNAIRE**

All incoming students are required to complete a TB Risk Screening Questionnaire. For those at higher risk TB testing will also be required, please ensure you begin this process early to avoid delays.

Log into [MyStudentChart](#) using your AD login, go to **MENU > IMMUNIZATION & SCREENING > TB REQUIREMENT** to complete your questionnaire and to determine if TB testing is required.

For all questions regarding this process, please log into [MyStudentChart](#) and go to **MESSAGES > ASK A NURSE**.

For technical related questions only, please email [shstb@health.ucsd.edu](mailto:shstb@health.ucsd.edu)

(STRICTLY NO HEALTH INFORMATION should be sent to this email address).

# Admission Enrollment Checklist

JULY 10

## COMPLETE THE COVID-19 VACCINES

An approved Primary Series is required. Current boosters are highly recommended.

- **FDA Approved Vaccines** include: Pfizer-BioNTech, Moderna, Janssen & Novavax.
- **WHO Approved Vaccines** include: Novavax (COVOVAX, Nuvaxovid), Moderna (Spikevax), Pfizer/BioNTech (Comirnaty), CanSino (Convidecia), Janssen (Jcovden), Oxford/AstraZeneca (Vaxzevria), Covishield (Oxford/AstraZeneca formulation), Bharat Biotech (Covaxin), Sinopharm (Beijing) Covilo, Sinovac (CoronaVac).

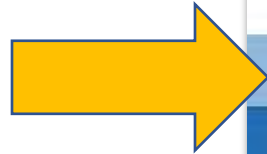
Log into [MyStudentChart](#) using your AD login, go to **MENU > COVID-19** to self-enter your required and highly recommended vaccine dates.

For all questions regarding this process, please log into [MyStudentChart](#) and go to **MESSAGES > ASK A NURSE**.

For technical related questions only, please email [shstb@health.ucsd.edu](mailto:shstb@health.ucsd.edu).

**(STRICTLY NO HEALTH INFORMATION should be sent to this email address).**

# MyStudentChart



MyChart by Epic UC San Diego Health

Menu Visits Messages Billing Summary Customer Support

Welcome!

**Appointment scheduled from MyChart**  
MyChart Messaging User Mar 11  
Appointment For: Ann W Horton (30710760) Visit Type: COV19... [View Message](#)

**Share Everywhere**  
Give one-time access to your health information to any clinician with internet access. [Learn More](#) [Dismiss](#)

Save time while you save paper! Sign up for paperless billing. [Sign Up](#)

**Breast Cancer Screen (Mammogram) is overdue.** [View Details](#)

[View All \(4\)](#)

You have an upcoming CT Head w/o Contrast from your visit with Michele Kowalski-Mcgraw, MD. [View Details](#)

You have an upcoming COVID-19 DETECTION ASSAY ASYM HEALTH EMP. [View Details](#)

UC San Diego Health

Messages Billing Summary Customer Support

**Menu**

Search the menu

- Medications
- Health Summary
- Plan of Care
- Preventive Care
- Questionnaires
- Upcoming Tests and Procedures
- Medical and Family History
- Health Reports
- Growth Charts
- Document Center
- Advance Care Planning
- Immunizations and Screening
- Medical Records
- Billing**
  - Billing Summary
  - Estimates
- Insurance**
  - Insurance Summary
  - Referrals
- Sharing**
  - Share My Record
  - Share Everywhere

**Appointment scheduled from MyChart**  
MyChart Messaging User Mar 11  
Appointment For: Ann W Horton (30710760) Visit Type: COV19...

**Share Everywhere**  
Give one-time access to your health information to any clinician with internet access.

Save time while you save paper! Sign up for paperless billing.

**Breast Cancer Screen (Mammogram) is overdue.** [View All \(4\)](#)

You have an upcoming CT Head w/o Contrast from your visit with Michele Kowalski-Mcgraw, MD.

You have an upcoming COVID-19 DETECTION ASSAY ASYM HEALTH EMP.

**Promised Patients and Additional COVID-19 Vaccine Dose**  
...ately to severely immunocompromised (have a weakened immune  
...you are up-to-date on your COVID-19 booster vaccine according to the  
...elines.





# MyStudentChart



Health



Visits



Messaging



Billing



Resources



Profile

## Immunizations



### TB Screening

Please answer a short questionnaire to assess your risk of tuberculosis.

START



### Immunization History Screening

Immunization Requirements: Enter the dates of all immunizations and/or titers (include lab results of titers) and upload a copy of your immunization form and/or outside vaccine records. Then click Submit.

START

# MyStudentChart

Home | Support/Contact : 619-543-5220 (6a-10



Shstest



Health



Visits



Messaging



Billing



Resources



Profile

Immunization Requirements: Enter the dates of all immunizations and/or titers (include lab results of titers) and upload a copy of your immunization form and/or outside vaccine records. Then click Submit.

\* Indicates a required field.

Tdap ⓘ

✓ Complete

Dates on file: 01/01/2020

MMR ⓘ

Hover over the info bubble for additional information

Date received  
MM/DD/YYYY

Date received

Date received

Measles; SQ/jet ⓘ

Enter your vaccine dates

Date received

Date received

# Tuberculosis

- Complete the TB Risk Screening Assessment Questions
- If prompted to do so, complete TB Testing with your Health Care Provider
- TB Testing can include TB Skin Test (PPD) or IGRA Blood Test (Quantiferon or T-Spot)
- A Chest X-ray is an acceptable test if you cannot obtain a skin or blood test. If either of those is positive a Chest X-ray may be required
- Upload the testing form (plus any blood test results/Chest X-ray report) in MyStudentChart and a Registered Nurse will review the results
- We will contact you if there are any concerns with your testing

**Tuberculosis Risk Screening - Deadline July 10th**

**COMPLETE AS SOON AS YOU ARE ABLE TO AVOID AN ENROLLMENT HOLD**

# Immunization Requirements

- Obtain your vaccine records
- Use the Immunization Form to guide you (found in MyStudentChart or on the SHS website)
- Go to your Health Care Provider to have the form filled out if you have no records and/or to receive missing vaccines/blood titers

## Immunization Requirements - Deadline July 10th

COMPLETE AS SOON AS YOU ARE ABLE TO AVOID AN ENROLLMENT HOLD

# COVID Vaccine

- Current updated vaccine dose of Pfizer, Moderna or Novavax (new vaccine in the US September 2023), updated vaccine likely to be available during the Fall Quarter
- FDA & WHO-Approved Vaccines accepted (Pfizer, Moderna, AstraZeneca, Covishield, Covaxin, Sinopharm, Sinovac-CoronaVac, Janssen, Novavax, CanSino)
- Exemptions available for Medical reasons
- Can decline vaccine for strongly held personal beliefs
- Temporary postponement available for pregnancy/disability
- Vaccines available at Student Health and at any retail pharmacy in the US
- Influenza Vaccine will be required during the Fall Quarter



# How to get help

- Send us a message at "Ask-a-Nurse" in MyStudentChart
  - Email [shstb@health.ucsd.edu](mailto:shstb@health.ucsd.edu) if you are having technical difficulties
- Go to the Student Health website to access additional information and all forms
  - <https://studenthealth.ucsd.edu/> (Updated forms and content May 1st, 2024)
- Go to the Graduate Division Website
  - <https://grad.ucsd.edu/admissions/admitted-students/before-you-arrive.html>
- Check your MyStudentChart messages from the Nursing team on a regular basis

**PLEASE COMPLETE REQUIREMENTS AS SOON AS YOU CAN TO AVOID ENROLLMENT HOLDS!**

# The Team



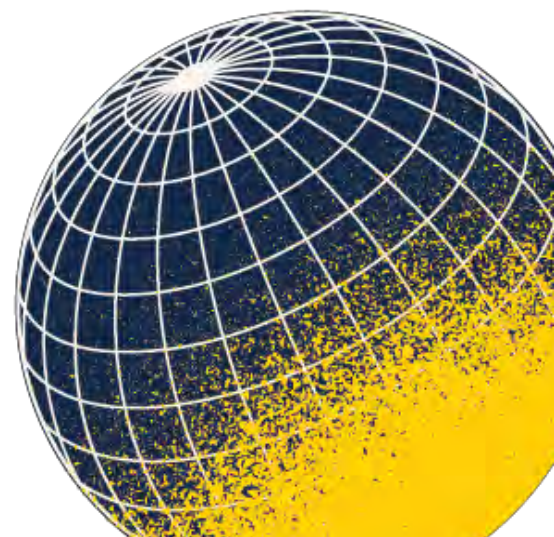
# Get Engaged

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UC San Diego

**GLOBAL INITIATIVES**

International Services and Engagement Office





# iEvents Calendar

iEvents.ucsd.edu

**ISEO IS HIRING!**  
For the 2024-2025 Academic Year

Job #8702193 on Handshake

Communications & Marketing Student Assistant (STDT 4)  
Estimated salary: \$18 per hour  
Application Deadline: March 17, 2024 11:59pm PST

**Tue Feb 27th - Sun Mar 17th**

**ISEO Is Hiring: Marketing & Communications Student Assistant**

Communications & Marketing Student Assistant (STDT 4) For the 2024-2025 Academic Year Estimated salary: \$18 per hour Application Deadline: ...

[Employment](#) [Students](#)  
[Professional-Development](#)

**ISEO IS HIRING!**  
For the 2024-2025 Academic Year

Job #8716847 on Handshake

Undergraduate Programs Student Assistant (STDT 3)  
Estimated salary: \$17 per hour  
Application Deadline: March 17, 2024 11:59pm PST

**Wed Feb 28th - Sun Mar 17th**

**ISEO Is Hiring: Undergraduate Programs Student Assistant**

Undergraduate Programs Student Assistant (STDT 3) For the 2024-2025 Academic Year Estimated salary: \$17 per hour Application Deadline: ...

[Students](#) [Employment](#)  
[Professional-Development](#)

**FRIDAY CHAT**  
FRIDAY ENGLISH CONVERSATION GROUP

Every Friday  
**10:00AM - 12:00PM**

LA JOLLA COMMUNITY ROOM AT LA JOLLA VILLAGE SQUARE

**Fri Mar 1st 10:00am - 12:00pm**

**Friday Chat**

Participation in our English conversation tables are a wonderful way for you to practice your English and make friends. The conversation ...

[Volunteer-Led](#) [Off-Campus](#)  
[In-Person](#) [Global-Community](#)  
[Scholars](#) [Families](#)

**UC SAN DIEGO STUDENT AFFAIRS STRATEGIC PLAN: STUDENT FOCUS GROUPS**

THE OFFICE OF THE VICE CHANCELLOR OF STUDENT AFFAIRS INVITES STUDENTS TO A 1-HOUR FOCUS GROUP TO SEEK FEEDBACK ON THE DIVISION'S STRATEGIC PLAN! WE ARE CALLING ALL STUDENTS WHO WANT TO CREATE AN IMPACT AND SHARE YOUR THOUGHTS ON THE STUDENT EXPERIENCE AT UC SAN DIEGO! FOOD WILL BE PROVIDED AT EACH SESSION. THERE ARE TWO DAYS FOR STUDENTS TO PARTICIPATE:

FRIDAY, MARCH 1ST, 2024  
1:00PM TO 4:00PM PST (1-HOUR SESSIONS)  
EPSTEIN FAMILY AMPHITHEATRE GREEN ROOM

MONDAY, MARCH 4TH, 2024  
8:00AM TO 3:00PM PST (1-HOUR SESSIONS)  
RED SHOE ROOM - PRICE CENTER

RSVP AT [TINYURL.COM/UCSDSAFOCUS24](https://tinyurl.com/UCSDSAFOCUS24)

**Fri Mar 1st 1:00pm - 4:00pm**

**UCSD Student Affairs Strategic Plan: Student Focus Groups**

[Register Here](#)

The Office of the Vice Chancellor of Student Affairs is looking for feedback and input from students for our Strategic Plan! We will be ...

[Students](#) [In-Person](#) [On-Campus](#)  
[Free-Food](#)

**SUNDAY SUPPER**  
A Cosmic Cantina

THE GREAT HALL  
MARCH 3RD  
5:30PM

**Sun Mar 3rd 5:30pm - 8:30pm**

**Sunday Supper: A Cosmic Cantina**

This long-standing tradition is a quarterly dinner for residents and friends of I-House to celebrate and gather in the Great Hall. Come to ...

**The Great Hall**

[I-House](#) [Social](#) [In-Person](#)  
[Students](#)

**UC SAN DIEGO STUDENT AFFAIRS STRATEGIC PLAN: STUDENT FOCUS GROUPS**

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RSVP AT [TINYURL.COM/UCSDSAFOCUS24](https://tinyurl.com/UCSDSAFOCUS24)

**Mon Mar 4th 8:00am - 3:00pm**

**UCSD Student Affairs Strategic Plan: Student Focus Groups**

[Register Here](#)

The Office of the Vice Chancellor of Student Affairs is looking for feedback and input from students for our Strategic Plan! We will be ...

[Students](#) [In-Person](#) [On-Campus](#)  
[Free-Food](#)

**ISAC**  
International Student Advisory Council  
UC San Diego

**Mon Mar 4th 4:00pm - 5:00pm**

**International Student Advisory Council (ISAC) March Meeting**

[Register Here](#)

The International Student Advisory Council (ISAC) is comprised of leadership from student leaders and stakeholders invested in the ...

[GETCCR](#) [Grad-Students](#)  
[Undergrad-Students](#) [Student-Org](#)

Join us at The Great Hall for ...

**Language Conversation Tables**

Sign up at the link below to practice your language skills and meet new friends!

<https://tinyurl.com/icc-egroup>

Weeks 3-7, Tuesdays 5-6pm

**Tue Mar 5th 5:00pm - 6:00pm**

**Wednesday Coffee and Crafts**

Every Wednesday  
10:00am - 12:00pm

LA JOLLA COMMUNITY ROOM AT LA JOLLA VILLAGE SQUARE

**Wed Mar 6th 10:00am - 12:00pm**

**Wednesday Coffee and Crafts**

Wednesday Coffee and Crafts is an

**CAREER REVOLUTION**  
Turn your new year's resolution into career solutions!

Join our Career Workshop Series and gain career insights from Career Coaches, Network Builders, LinkedIn Assessing, and Interview Interviewing. Seats Available for these workshops are limited to 100. Register now at [ucsd.edu/career-services/horizon-series](https://ucsd.edu/career-services/horizon-series). Your workshop registration begins here - because you said you would!

<b>FEB 7</b> 12PM-12:30PM	<b>DRINK! SOCIAL DRINKING &amp; NETWORKING</b>
<b>FEB 13</b> 12PM-12:30PM	<b>CAREER BUSINESS PASSPORT</b>
<b>FEB 21</b> 12PM-12:30PM	<b>RESUME &amp; COVER LETTER OVERVIEW</b>
<b>FEB 28</b> 7:00PM-8:00PM	<b>LINKEDIN &amp; NETWORKING</b>
<b>MAR 6</b> 9PM-9:30PM	<b>INTERVIEWING</b>

**OPT INFO SESSION**

**Thu Mar 7th 11:00am - 12:00pm**

**FRIDAY CHAT**  
FRIDAY ENGLISH CONVERSATION GROUP

Every Friday  
**10:00AM - 12:00PM**

LA JOLLA COMMUNITY ROOM AT LA JOLLA VILLAGE SQUARE

**TRITON TREKKERS**  
UC SAN DIEGO

**MARCH 9**  
10AM-11AM

**Rock Climb Mission Gorge**

Register now or find more information at [ievents.ucsd.edu](https://ievents.ucsd.edu)

**iWORKSHOP**

**Tue Mar 12th 12:00pm - 2:30pm**

**Federal Tax Workshop**

[Register Here](#)

Professor Steve Gill, San Diego State University, Fowler College of Business faculty member, and Douglas Kelley, Accounting Lecturer at San ...

[Faculty](#) [Students](#) [Professors](#) [Instructors](#)

# iPrograms

Redefining the world we know with **one experience at a time.**



[iPrograms.ucsd.edu](http://iPrograms.ucsd.edu)

# Global Ambassador Program (GAP)

- Summer-long peer-mentorship program
- Matches incoming international undergraduate students with current UC San Diego undergraduate students



[GAP.ucsd.edu](https://GAP.ucsd.edu)

# Follow us on Social Media!



UC San Diego International  
Services and Engagement Office



UC San Diego ISEO



@istudents.ucsd



@ISEOUCSD

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**GLOBAL INITIATIVES**

International Services and Engagement Office

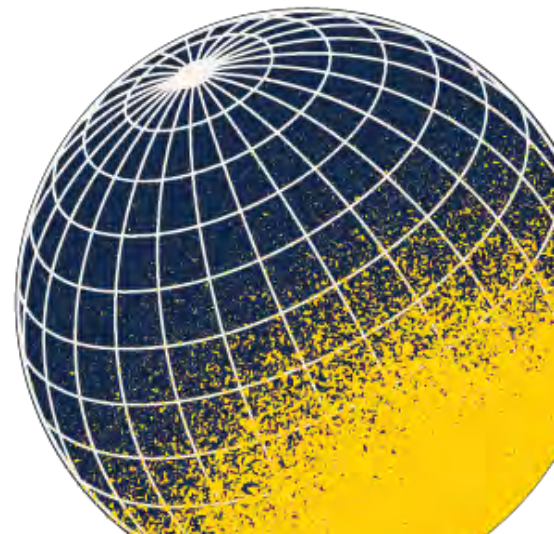
# Additional Resources

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International Services and Engagement Office



# IMPORTANT DEADLINES & REMINDERS

**NOW**

Request your Form I-20 or DS-2019 via the iPortal

Visit: [iPortal.ucsd.edu](https://iportal.ucsd.edu)

See instructions at:

[iNewStudent.ucsd.edu](https://inewstudent.ucsd.edu)

**NOW**

Apply for on-campus housing

Visit: [hdh.ucsd.edu](https://hdh.ucsd.edu)

**Mid-May**

On-Campus Housing Contracts due

Visit: [hdh.ucsd.edu](https://hdh.ucsd.edu)

**July 10**

Deadline to submit health immunization requirements

Visit: [studenthealth.ucsd.edu](https://studenthealth.ucsd.edu)

**Sept**

Tuition due  
Move-In  
Check-In

**New International Student Orientation**

Visit: [iOrientation.ucsd.edu](https://iorientation.ucsd.edu)

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International Services and Engagement Office

# Upcoming Pre-Arrival Webinars

- **May 02:** Finances & Student Accounts
- **May 03:** SEVIS Transfer Process
- **May 07:** Student Life and Getting Involved
- **May 09:** Campus Safety

*All webinars will be recorded and posted at  
[iNewStudentWebinars.ucsd.edu](https://iNewStudentWebinars.ucsd.edu)*



UC San Diego

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International Services and Engagement Office



**UC San Diego**  
**GLOBAL INITIATIVES**  
International Services and Engagement Office

MONDAY - FRIDAY: 9am - 4pm  
+1 858.534.3730  
iContact.ucsd.edu

**iNewStudent.ucsd.edu**



UC San Diego International Services and Engagement Office



UC San Diego ISEO



@istudents.ucsd



@ISEOUCSD

**Follow us on Social Media!**