These are common feedback we hear from our international students from the **International Student Experience Survey created by International Student Advisory Council**.

With remote learning, many international students face difficulties to keep up with academics. Those living abroad are affected by the time differences, and others think they don't perform as well as they would if schools were in person.

Thank you to all who have participated in the survey, your feedback is very valuable to us! ISPO is well aware of these challenges, and therefore we continue to work with our school to improve our international students' learning experiences.

As for students, here are some ways you can help yourself...

ACADEMIC RESOURCES

UCSD provides numerous online resources for help with projects and assignments.

The Teaching + Learning Commons is the school's main resource for academic support, and some of TLC's programs include:

- Academic Achievement Hub - for content tutoring and learning tips
- Writing Hub - for help with any written tasks
- Supplemental Instruction - for help with Biology, Chemistry, Economics, Math, Physics, Psychology, Engineering, and Statistics
- Library - search for books and other publications, ask a librarian, and attend helpful workshops

Each undergraduate college also has its own Virtual Advising Center (VAC) where students can meet with college or department advisors to ask questions related to course enrollment, academics, etc.

Also, check out the iresource.ucsd.edu page for other resources.

ASKING FOR ASYNCHRONOUS CLASS OPTIONS AND ALTERNATIVE EXAM TIMES

If you find it **difficult to attend lectures and office hours or write exams at regular times**, here is what you can do:

- Email your professor or TA about your difficulties and ask for alternative options. Make sure to include a subject line, a greeting, a body, a thank you, and a closing. You can find specific guidelines on email tips in ISPO's **"How To" Series** available in our story highlight.

If your professor or TA did not respond:

- Contact the **Department Chair**. Their information is available on the department website.

Lastly, if you are not successful with advocacy with the Department Chair:

- The last resort is to contact **John Moore**, Dean of Undergraduate Education, at **due@ucsd.edu**.

LANGUAGE RESOURCES

Many international students currently live in their home country that might not use English as an official language. They are concerned that they **cannot keep up their English**

If this is you, don't worry! Here are ways you can help yourself:

- Check out ISPO's **English-in-action (EIA)** program. It provides opportunities for students to practice their English language skills with volunteer conversation leaders and gain a better understanding of American culture.
- Another tip is to **read English articles out loud**. It will help you with articulation and pronunciation!

English in-action
conversation program

LINKS TO RESOURCES

Teaching + Learning Commons: https://commons.ucsd.edu/

Academic Achievement Hub: https://aah.ucsd.edu/

Writing Hub: https://writinghub.ucsd.edu/

Supplemental Instruction: https://aah.ucsd.edu/supplemental-instruction/

Library: https://library.ucsd.edu/index.html

iResource: https://iresource.ucsd.edu/

English-in-action (EIA): https://ispo.ucsd.edu/programs-workshops/programs-events/english-in-action.html

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