



THINGS TO DO OVER FALL BREAK

Click the buttons to interact!

UC San Diego

GLOBAL INITIATIVES

International Services and Engagement Office

Thanksgiving Traditions

Family Gatherings

Thanksgiving is a time when families come together to celebrate. Many people travel long distances to be with their loved ones.

Feast

The centerpiece of Thanksgiving is a bountiful feast. This usually includes a roasted turkey, stuffing, mashed potatoes, gravy, cranberry sauce, and various side dishes.

Thanksgiving Dinner Prayer

Before the meal, it is common to say a prayer or express gratitude for the food and the blessings of the past year.

Thanksgiving Parade

Watching the Macy's Thanksgiving Day Parade on TV is a tradition for many. The parade features giant balloons, floats, and performances.

Football

Football games are a big part of Thanksgiving for many families. Some play touch football in the backyard, while others watch NFL games on TV.

Volunteer Work

Some families volunteer at local shelters or community organizations to give back to those in need.

Black Friday Shopping

While not officially part of Thanksgiving, many people start their holiday shopping right after Thanksgiving dinner. Black Friday sales and shopping have become a tradition for some.

Pardoning Turkey

The President of the United States traditionally "pardons" a turkey from being slaughtered, and that turkey lives out its days on a farm.

FRIENDSGIVING

Grab your friends and cook a delicious meal together, it's all about giving thanks! Friendsgiving is an American tradition that is similar to the traditional Thanksgiving meal, but with your friends instead! You can cook a meal together or each person can cook a dish and bring it to the event, making it more of a potluck style! It's a time where you can all relax, share some stories, and have fun over a hearty meal!

ORDER IN A TRADITIONAL THANKSGIVING MEAL

[Whole Foods](#)

[Marie Callender's](#)

OR MAKE YOUR OWN!

Some easy dishes to make during Thanksgiving:

- Chicken Pot Pie
- Mashed Potatoes
- Cranberry Sauce

[Full List Here!](#)

FUN ACTIVITIES TO DO

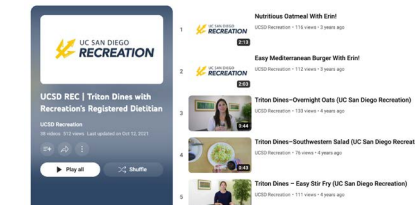
- Uno/Jenga
- Karaoke
- Puzzle
- Room decoration
- Gratitude activities

HAVE YOU HEARD OF THESE FOOD OPTIONS?

FOOD ORGANIZATIONS ON CAMPUS:

- [Food Co-op](#)
- [Dollar Lunch Club](#)
- [Triton Food Pantry](#)

TRITON DINES WITH RECREATION'S REGISTERED DIETICIAN :



[Watch Video](#)

UCSD EVENTS DURING FALL BREAK

NOV
19

[TRITON TREKKERS](#)
9AM - 3PM

NOV
23 - 26

[FALL BREAK CONNECTON](#)
9AM - 3PM

NOV
21

[YOGA AT THE LIBRARY](#)
3PM - 4PM

NOV
25

[WALK WITH A DOC](#)
10AM - 11AM

FIND MORE EVENTS HERE:

[iEvents Calendar](#)

[University Centers Calendar](#)



FALL BREAK CONNECTION :

The Fall Break Connection program gives UC San Diego international students and scholars the opportunity to spend some time with a local San Diego host family or community during the university's Fall Break from classes. This year, the university's Fall Break is November 23-26, 2023.

This exchange program is an opportunity for both international guests and hosts to learn more about each other's cultures and meet new friends. Originally begun years ago as a "Thanksgiving exchange" with hosts and guests meeting to share a meal on the Thanksgiving holiday, the Fall Break Connection program has since expanded into an opportunity for the UC San Diego international community and local San Diego community members to exchange cultures, conversation, and food—with the opportunity to discover new friendships. Many students and hosts are returning participants each year! [Learn more here](#)

ACTIVITIES IN SAN DIEGO

NOV
17

FRIENDSGIVING
6:30 PM - 11:30 PM

NOV
18

PUPSGIVING
12 PM - 3 PM

NOV
23

THANKSGIVING DAY
TURKEY TROT
9 AM - 10:30 AM

[More Events Here](#)

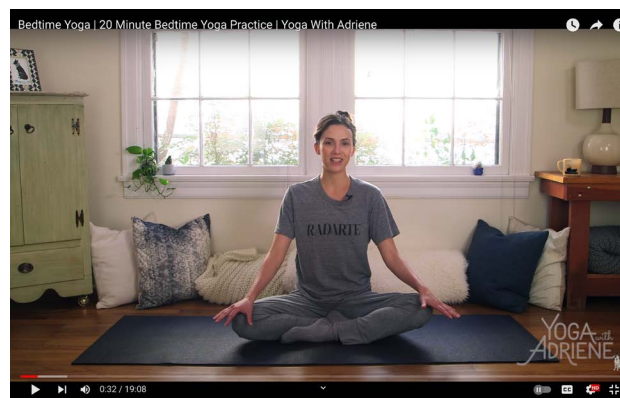
EXPLORE A NEW AREA OF SAN DIEGO

- [Sunset Picnic at Glider Port](#)
- [Walk to Scripps Coastal Reserve](#)
- [Take a break by La Jolla Cove](#)

GO ON A SCAVENGER HUNT!

[Self-Guided Stuart Collection](#)

DO SOME YOGA, PILATES OR TRY OUT ANOTHER EXERCISE CLASS! (Recreation/the Playground)



[Watch Video](#)

LEARN A NEW SKILL!

How to knit, play the guitar, or how to tap dance!



[Watch Video](#)



WATCH SOME FESTIVE TV

Friends

- [Season 1 ep. 9](#)
The One Where Underdog Got Away
- [Season 2 ep. 8](#)
The One with the List
- [Season 3 ep. 9](#)
The One with the Football
- [Season 4 ep. 8](#)
The One with Chandler in a Box
- [Season 5 ep. 8](#)
The One with All the Thanksgivings
- [Season 6 ep. 9](#)
The One where Ross Go High
- [Season 7 ep. 8](#)
The One where Chandler Doesn't Like Dogs
- [Season 8 ep. 9](#)
The One with the Rumor
- [Season 9 ep. 8](#)
The One with Rachel's Other Sister
- [Season 10 ep. 8](#)
The One with the Late Thanksgiving

Parks and Recreation

- [Season 3 ep. 7](#) - Harvest Festival

The Office

- [Season 7 ep. 9](#) - WUPHF.com

Community

- [Season 4 ep. 5](#)
Cooperative Escapism in Familial Relations

Gilmore Girls

- [Season 3 ep. 9](#)
A Deep-Fried Korean Thanksgiving

Modern Family

- [Season 6 ep. 8](#) - Three Turkeys

Full House

- [Season 1 ep. 9](#)
The Miracle of Thanksgiving

Brooklyn Nine-Nine

- [Season 1 ep. 10](#) - Thanksgiving
- [Season 5 ep. 7](#) - Two Turkeys

Grey's Anatomy

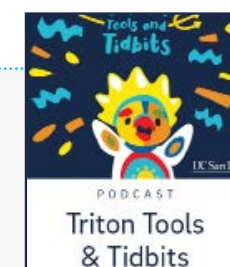
- [Season 2 ep. 9](#) - Thanks for the Memories

Master of None

- [Season 2 ep. 8](#) - Thanksgiving

New Girl

- [Season 1 ep. 6](#) - Thanksgiving
- [Season 2 ep. 8](#) - The Parents



CATCH UP ON A PODCAST!

[Listen now](#)

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