



UC SAN DIEGO SPRING BREAK

Make sure to check out UC San Diego's Student Affairs' Spring Break plans for 2023! With fun and engaging opportunities to connect, grow, learn, and engage, there's something for everyone!

Visit the **website** to sign up and reserve your spot for a variety of activities, such as: sunset paddle-boarding in Mission Bay, sing-alongs at the Amphitheater on campus, a San Diego Padres game, conversations with UC San Diego alumni, and more!

Recreation Spring Break Activities



Spring Break 2023 Events



WALK AROUND CAMPUS

Discover Routes

Stuart Collection Walking Tour

UC San Diego Park & Market

CAREER READINESS

HOW TO FIND INTERNATIONALLY FRIENDLY EMPLOYERS

Video Reels



Triton Career Guide

Career Center Page For International Students

TritonsConnect

HealthBeat Career Guide

Resources for Applying to Medical School as an International Student

Resources for International Pre-Med Students

Check ISPO "OPT: Frequently Asked Questions & Answers" video series!

Career Center will be open during the spring break.

Schedule An Appointment With Career Advisors Via Handshake

The Graduate Peer Educators will also be conducting Virtual Drop-In Advising.

Tues, March 21 From 2-4pm

Wed, March 22 From 1-3pm

Mon, March 27 From 9-11am

Tues, March 28 From 2-4pm

Upcoming Career Events

HANDSHAKE



Find a job, internship, or work experience!

Click Here to Begin

CAREER READINESS

Virtual Community Service

I. I-HOUSE COMMUNITY PROGRAMS

Learn More

II. CARREFOUR COMPANIONS

Volunteer to Virtually Meet with Senior Citizens & Make Cards

III. EDUCATIONCORPS

Fight Poverty and Make a Lasting Difference in Your Community

IV. YOUSEEYOU

Free Online Mentoring to High School Students in San Diego

V. ART FROM THE HEART

Create Works of Art to Help Beautify the Living Spaces of the Homeless

VI. COMPANIONSHIP CALLS PROGRAM

Learn More

VII. THE ARC

Volunteer for Children and Adults with Disabilities

VIII. CARD WRITING FOR JEWISH FAMILY SERVICES

Learn More

LEADERSHIP DEVELOPMENT



ILead: Workshop Sessions on Leadership Topics

Globally Engaged Tritons (GET) CCR Certificate

ONLINE COURSES



edX Free Online Courses

Free Courses You Can Finish in A Day

EXPLORE SAN DIEGO

RAP PASS & EQUIPMENT RENTALS

Get fitted for the sea! The Recreation Activity
Pass (RAP) is FREE for all UC San Diego Students!
Discover new classes and trips including indoor,
outdoor, online and in-person fitness, yoga and
instructional classes, Outback Adventure day
trips, Intramural Sports and more!

Register for Your RAP Pass

OUTDOOR GEAR RENTALS

Outback Adventures offers all kinds of rentals, from camping in the desert to snowboarding in the mountains – the Outback Rental Shop has it all!

Items Available, Pricing and Policies

Don't Forget to Spend Time SURF SPOTS at the Beach!

- La Jolla Windansea
- La Jolla Black's Beach
- La Jolla Shores
- Pacific Beach
- Oceanside
- Lower Trestles

Learn More

SNORKELING

La Jolla Kavaking

Everyday California

KAYAKING

Cool Locations for Kayaking

PADDLEBOARDING

Paddleboard Rentals

Learn more about what you can do at the beach and what to pack in our Surf Check: Coming to UC San Diego PDF Guide (p. 55-61)!

Surf Check: Coming to UCSD



EXPLORE SAN DIEGO



Trail Guides and Maps for locations below can be found here!

AllTrails

COASTAL

- Torrey Pines
- The Bayside Trail, Cabrillo National Monument
- Sunset Cliffs
- Batiquitos Lagoon
- Border Field State Park
- San Onofre State Beach

Learn More

INLAND

- Cowles Mountain
- Iron Mountain
- Los Penasquitos Canyon
- Mount Woodson
- Lake Hodges
- Daley Ranch
- El Cajon Mountain

Learn More

MOUNTAIN

- Lower Doane & French Valley, Palomar Mountain State Park
- Observatory Trail
- Volcan Mountain
- Lake Cuyamaca
- Stonewall Peak
- Garnet Peak
- Sunset trail

Learn More

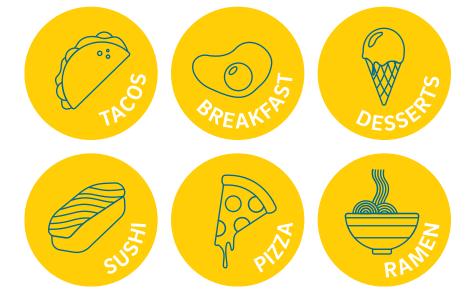
MORE NEAR CAMPUS

Scripps Coastal Reserve

Biodiversity Trail

Gliderport

FOR FOODIES



NEIGHBORHOODS

- Little Italy
- Clairemont/Kearny Mesa [Convoy]
- Old Town
- Gaslamp
- Pacific Beach
- Encinitas
- Hillcrest
- North Park
- Liberty Station

EXPLORE SAN DIEGO



(Vuseums and Attractions

PARKS

Balboa Park

Kate Sessions

Ellen Browning Scripps Park

FOR ANIMAL LOVERS

San Diego Zoo

Safari Park

Birch Aquarium

Click buttons for virtual visits or their video channels. If you visit in-person, don't forget to check for student discounts!

ARTS

SCIENCE

San Diego Air And Space Museum

Fleet Science Center

San Diego Museum Of Art

Museum Of Photographic Arts

Timken Museum Of Art

HISTORY

San Diego Model Railroad Museum

San Diego Natural History Museum

San Diego History Center - Oral History Program

Presidio Hill Interactive StoryMap

CULTURE

Museum Of Us

The Old Globe

Spreckels Organ Pavilion

Ken Kramer's About San Diego

BLUE LINE HOTSPOTS



Old Town

Barrio Logan Little Italy

learn more about the San Diego Trolley System:

@UCSDTransportation

BUS ROUTES

Places You Can Go by Bus



To La Jolla / Pacific Beach



To Downtown/ **Old Town** (or MTS 30)



To Torrey Pines

ROADTRIPPING 🖨

























AT HOME ACTIVITIES 🏠

FUN AND RELAXING CRAFTS

Coloring Pages

Wall Art Ideas

Vintage Book Planter

Jar Decorating

Cloud Backdrop

T-Shirt Rug

Marbled Votives

Paper Dahlias

Recycling Projects

TRY A NEW RECIPE! "11

I-House Monday Cooking

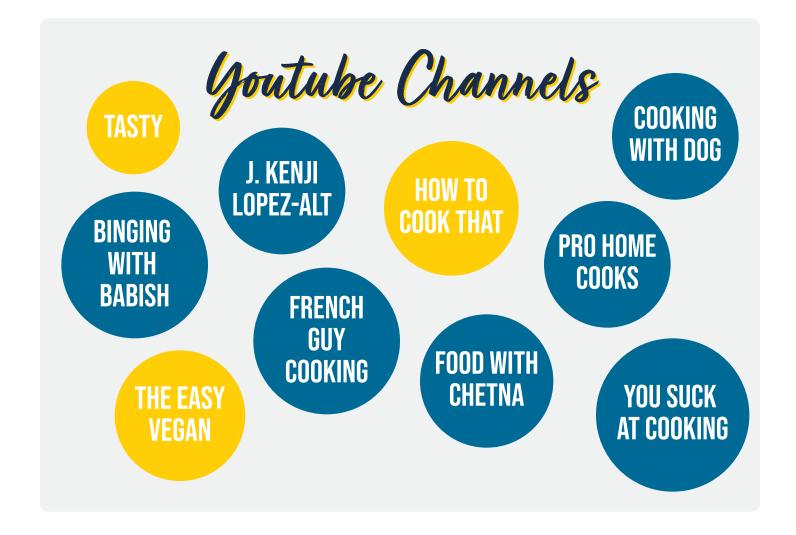
Recipes From Around The World

Cooking Basics 1

Cooking Basics 2

OR INPUT THE INGREDIENTS AT HOME AND IT WILL GENERATE A RECIPE FOR YOU!

Click Here To Try



THINGS TO READ, LISTEN, & WATCH 🖹



MOVIES

- The Last of Us
- **Dear Edward**
- Stonehouse
- Fauda
- Poker Face
- YOU
- VELMA
- Shrinking

- M3GAN
 - Saint Omer
 - Everything Everywhere All at Once
 - Babylon
 - Puss in Boots: The Last Wish
 - Decision to Leave
 - Broker
 - The Banshees of Inisherin
 - Top Gun: Maverick
 - Mrs. Harris Goes to Paris

MORE BINGE-WORTHY SHOWS AND MOVIES ON EACH PLATFORM

Netflix

Amazon Prime

Disney+

BOOKS



2022 Book Recommendations

UCSD Library



Triton Tools & Tidbits

The State Of Developer Education

The College Info Geek

TED Talks Daily

Tiny Leaps, Big Changes

Stuff You Should Know

Brain Science

Bad With Money

NPR's Throughline

Freakonomics Radio

Lexicon Valley

The College Investor Audio Show

The Squiggly Careers

Life Kit

Gastropod









iStudents.ucsd.edu

