*International Services and Engagement Office*

*presents*

UC San Diego
GLOBAL INITIATIVES
International Services and Engagement Office

FALL 2024

# NEW INTERNATIONAL STUDENT ORIENTATION

*Today's session is on:*

# Globally Engaged Tritons (GET) Co-Curricular Record (CCR) Program

**We'll get started soon!**

While you wait, follow us on Instagram for the latest updates! | @istudents.ucsd

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# Welcome!

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# Introduction

Karina Ivanyan

Intake Advisor
International Services and Engagement Office

# Introduction

Grace Fuller

Manager, International Experience & Engagement
International Services and Engagement Office

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# Before We Begin

You are in listen-only mode. You can hear us, but we can't hear you.

We're recording.
You'll be able to view this webinar recording at iNewStudentWebinars.ucsd.edu

Ask questions – Use the Q&A feature to submit questions. You can also contact us at iContact.ucsd.edu

Fill out the survey at the end of today's session to start the GET program

While you wait, follow us on Instagram for the latest updates! | @istudents.ucsd

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# NEW INTERNATIONAL STUDENT ORIENTATION

## Globally Engaged Tritons (GET)
## Co-Curricular Record (CCR) Program

While you wait, follow us on Instagram for the latest updates! | @istudents.ucsd

# GET to know each other

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Before we start, please introduce yourself in the chat:

- Name
- Where do you call home
- Year (UG or GR)
- Major / Department
- Something you are looking forward to during Triton Weeks of Welcome (TWOW)

# What is my Co-Curricular Record (CCR)?

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- An official university document that highlights your involvement and achievements beyond the classroom.
- Each listing on your CCR includes a description of the opportunity you participated in and the skills associated it.
- Note: Most CCR-qualifying opportunities require a minimum of 30 hours of participation during one academic year (Fall>Winter>Spring>Summer).
- You can request your Co-Curricular Record (CCR) along with your academic transcript. The CCR can be shared with potential employers and graduate/professional schools to which you are applying.

# What is my Co-Curricular Record (CCR)?

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UC San Diego developed the Co-Curricular Record to recognize student involvement in the following areas:

- Research and Academic Life
- Student and Campus Engagement
- Community-Based and Global Learning
- Professional and Career Development

CO-CURRICULAR RECORD
CCR
APPROVED
UC SAN DIEGO

**Competencies**

# What is the GET CCR program?



The Globally Engaged Tritons (GET) Co-Curricular Record (CCR) program enables all UC San Diego students to earn credit on their Co-Curricular Record (CCR) for being involved in events on campus that promote the global engagement and internationalization of our university. That could be any event in which students highlight their own culture, learn about other cultures, or develop their international awareness or global leadership skills.

# What is the GET CCR?



A skills-based co-curricular student experience combining a wide range of globally oriented activities that contribute to the development of these and other competencies:

- **Understanding Global Context**: Demonstrates an understanding of complex global issues and systems, and how issues and actions have local and global implications for the future.

- **Teamwork/Cross-Cultural Collaboration**: Works with and seeks involvement from people and entities with diverse experiences towards a common goal, demonstrating strong interpersonal skills, respect, and dignity for others.

- **Self-Reflectio**n: Assesses, articulates and acknowledges personal skills and abilities, and learns from past experiences and feedback to gain new insights and understandings.

# Who is GET? GET Departments

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International Services and Engagement Office

UC San Diego
INTERNATIONAL HOUSE

UC San Diego
GLOBAL INITIATIVES
Study Abroad

UC San Diego
GLOBAL INITIATIVES

Many GET-CCR-eligible activities are hosted throughout the year by these offices.

Some eligible events may be offered by other university-affiliated departments and organizations.

And **YOU!** Each student makes up an invaluable part of our Globally Engaged Tritons Community here at UC San Diego.

# How can I earn GET CCR credit?

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To receive validation for your participation in the GET CCR program, you must complete **30 hours of approved activities**. You may mix and match these activities however you choose, as long as you accumulate 30 hours in one academic year (Fall to Summer).*

Some of these activities can include:

- Participating in select intercultural events
- Volunteering at intercultural events
- Requesting funding and running your own event that serves the international students of UC San Diego, or promotes cultural awareness here on campus.

* **NOTE** that any hours accrued during Summer Sessions I or II count towards the **previous** academic year. For instance, if you attended a GET CCR activity or event in July 2024 it would count towards hours earned during the 2023-2024 academic year and **NOT** the 2024-2025 academic year.

# How do I know which activities are eligible?

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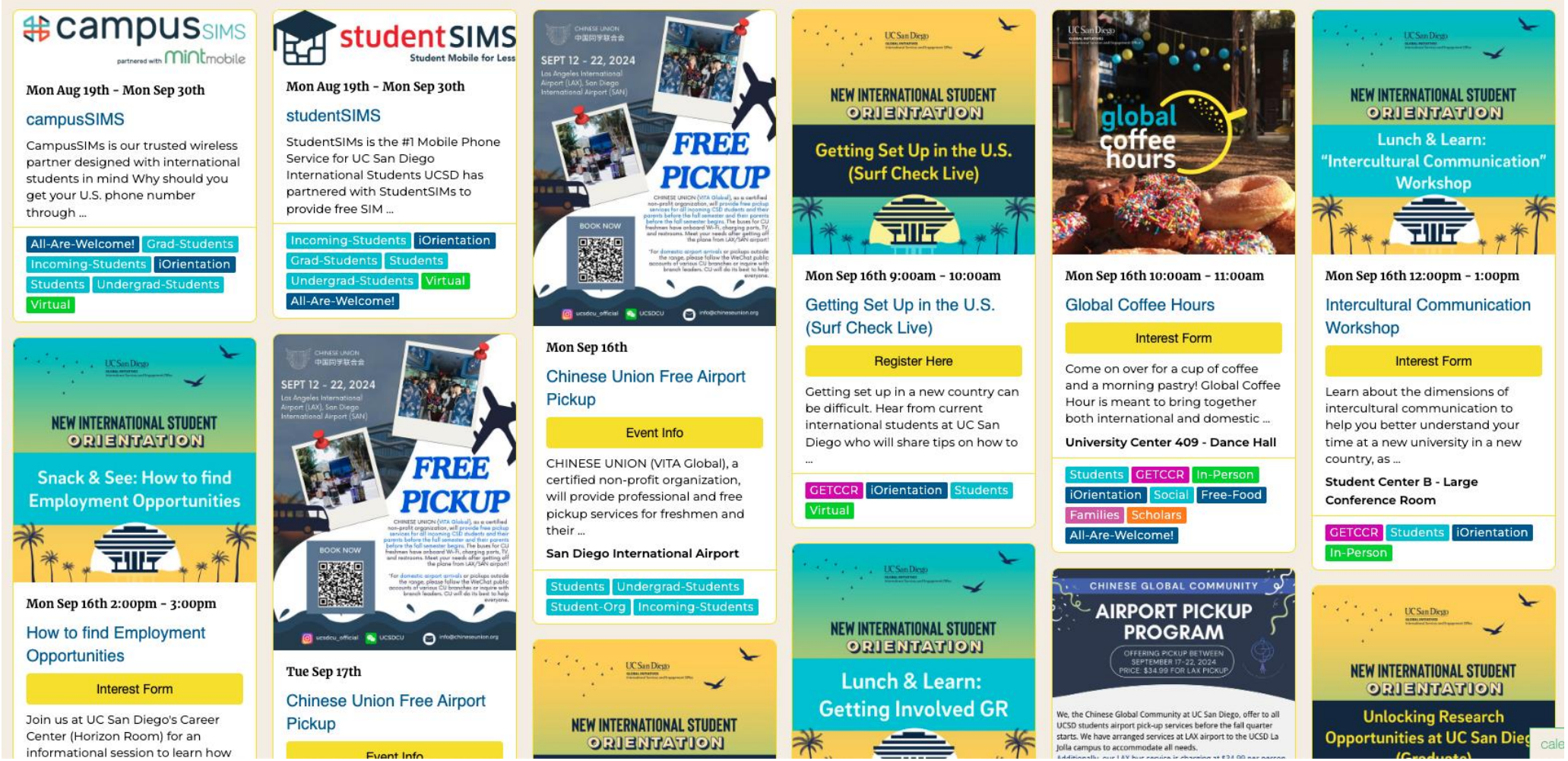
Visit the [iEvents.ucsd.edu](iEvents.ucsd.edu) calendar and look for events with the GETCCR hashtag!



# How do I know which activities are eligible?

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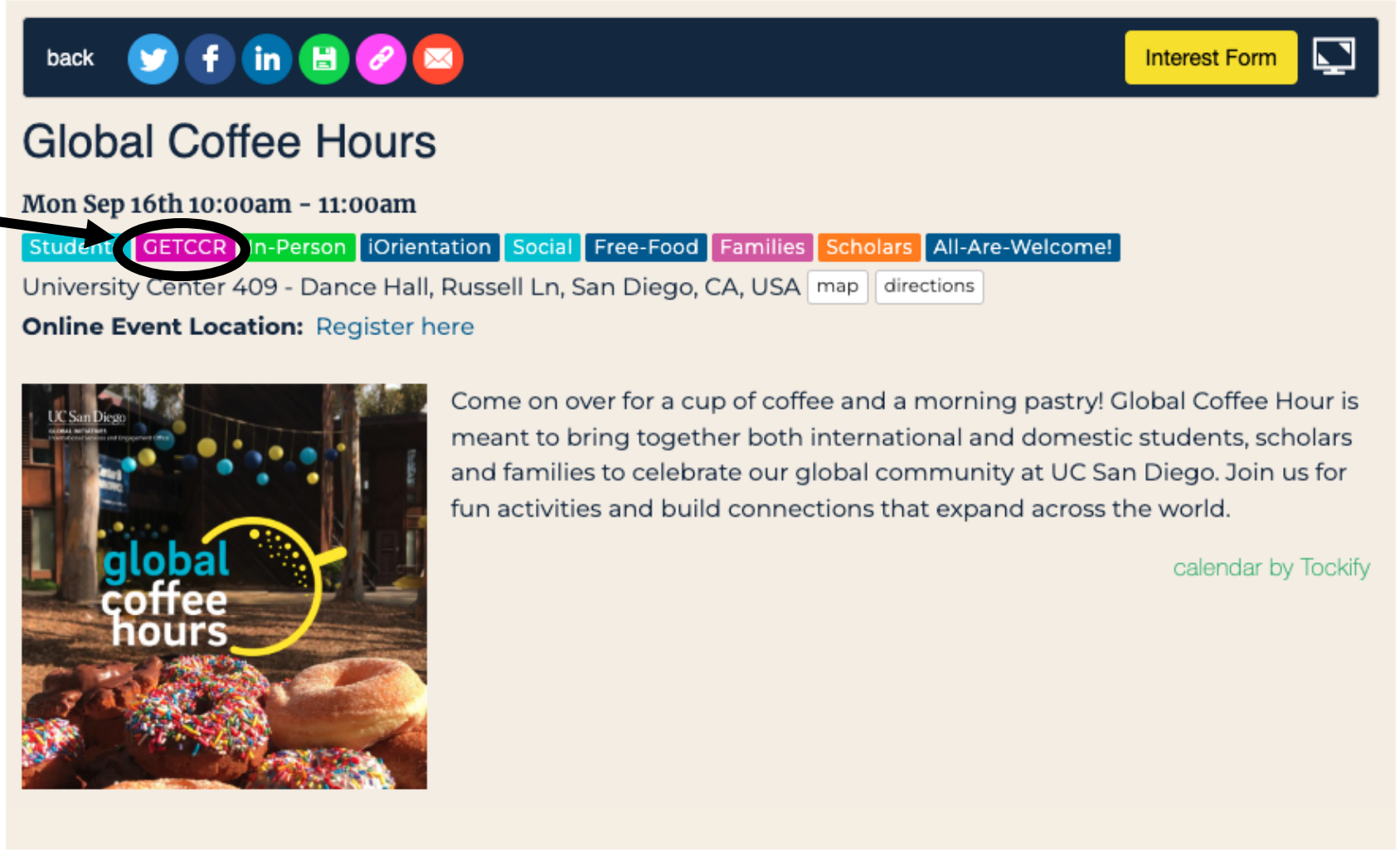
[iEvents.ucsd.edu](iEvents.ucsd.edu)

Look for the GETCCR tag!



# iOrientation Events

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**iEvents.ucsd.edu**

# iOrientation Events

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**https://ievents.ucsd.edu**

GET CCR eligible!

# iOrientation Events

https://ievents.ucsd.edu

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# iOrientation Events

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**https://ievents.ucsd.edu**

**Global Coffee Hours**

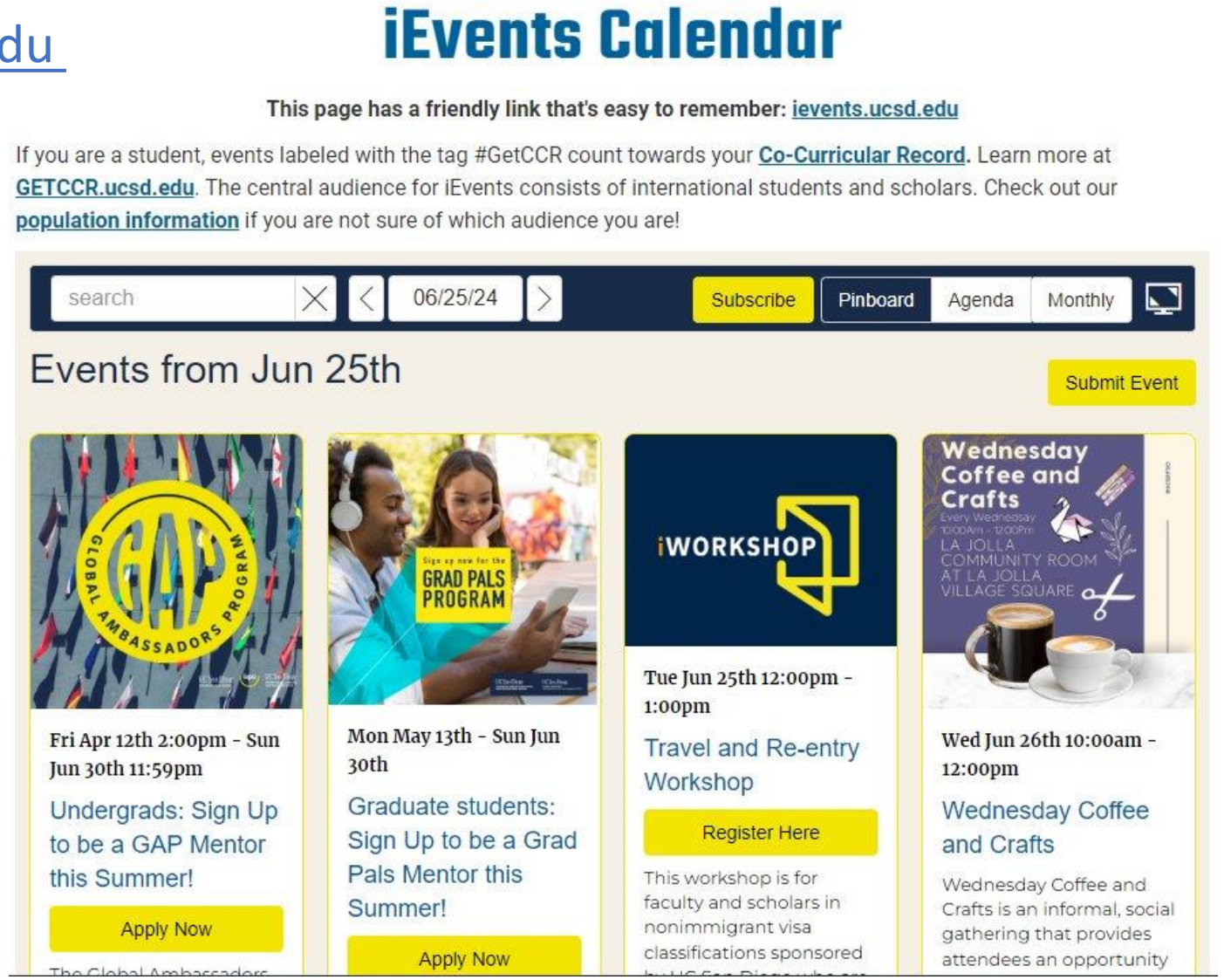
- Monday, September 16th: 10:00 am - 11:00am
- Wednesday, September 18th:10:00 am - 11:00am
- Friday, September 20th: 8:00 am - 9:00am

- University Center 409 - Dance Hall
- GET CCR eligible!

# iEvents Calendar



[iEvents.ucsd.edu](iEvents.ucsd.edu)



# GET events/programs



You can register for all of these events and more at https://iEvents.ucsd.edu

# GET CCR Tracker

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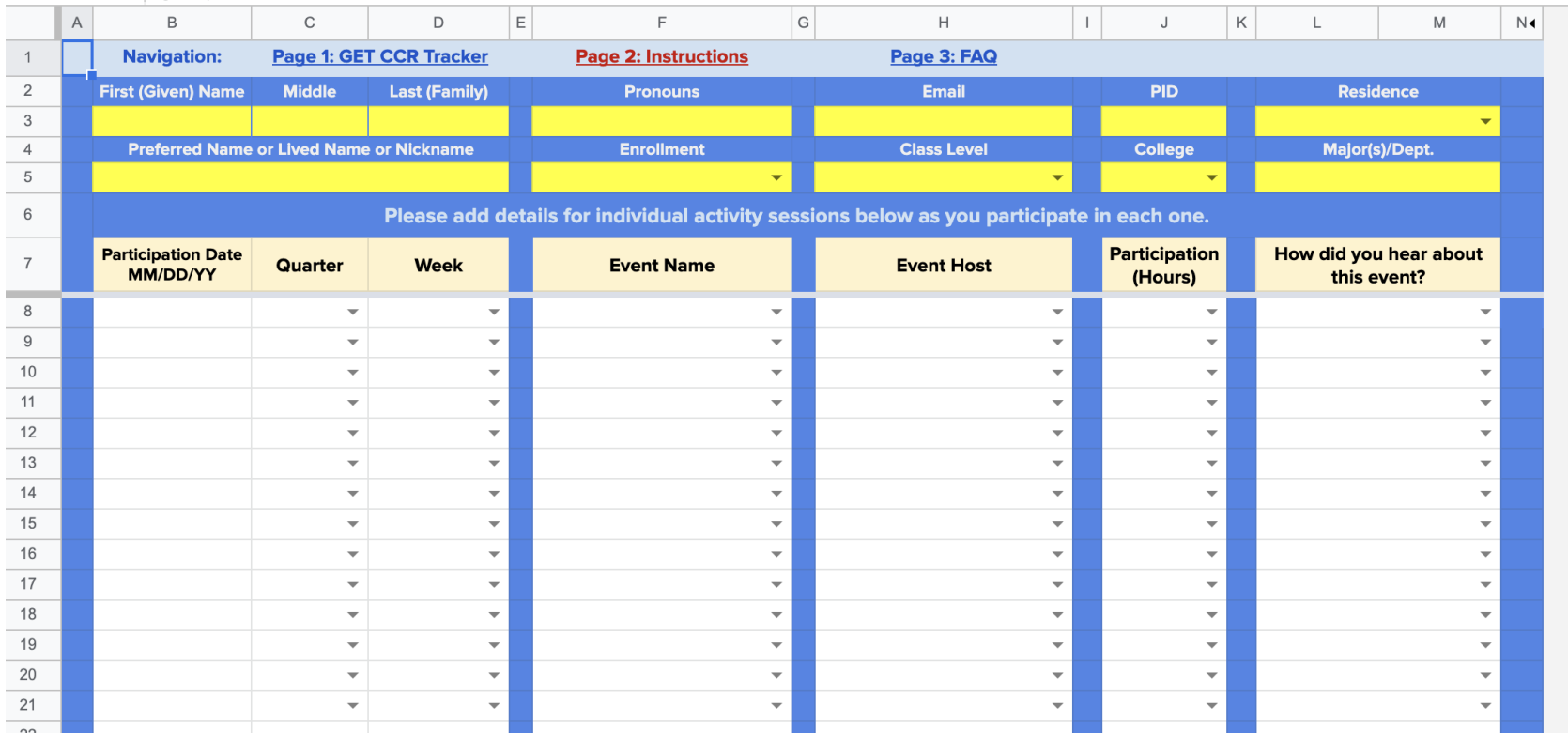
- How do I keep track of my GET CCR hours?
  - Each student is responsible for keeping track of their GET involvement. Begin by downloading a copy of the **GET CCR Tracker** and be sure to read the Instructions and FAQ attached to the Tracker as tabs.
  - When you reach 30 hours, you will share your Tracker with **getccr@ucsd.edu.** Event hosts will then confirm your participation at each activity you list.



| | A | B | C | D | E | F | G | H | I | J | K | L | M | N |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | Navigation: | Page 1: GET CCR Tracker | | | Page 2: Instructions | | Page 3: FAQ | | | | | | |
| 2 | | First (Given) Name | Middle | Last (Family) | | Pronouns | | Email | | PID | | Residence | | |
| 3 | | | | | | | | | | | | | | |
| 4 | | Preferred Name or Lived Name or Nickname | | | | Enrollment | | Class Level | | College | | Major(s)/Dept. | | |
| 5 | | | | | | | | | | | | | | |
| 6 | | Please add details for individual activity sessions below as you participate in each one. | | | | | | | | | | | | |
| 7 | | Participation Date MM/DD/YY | Quarter | Week | | Event Name | | Event Host | | Participation (Hours) | | How did you hear about this event? | | |
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# Next Steps

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Here's how to GET things rolling:

- Make a copy of the **GET CCR Tracker** to record the events you attend AND the hours.
  - Download your copy of the GET CCR Tracker and rename it with your name
  - Copy while logged into your @ucsd.edu account
  - Review the Instructions & FAQ sheets (as tabs) included with the Tracker

- Fill out the **Pre-Evaluation Form.**
  - That will allow you to count this Orientation for 0.5 hour credit!

- Check out events that quality for GET CCR via **iEvents.ucsd.edu** (search "GETCCR") and start attending!

- Email your GET CCR questions anytime to: getccr@ucsd.edu

# Pre-Evaluation Form

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**Please take a moment to fill out this form.**

# Frequently Asked Questions (FAQs)



- Is the GET CCR just for international students?
  - No! All UC San Diego international and domestic (American) students can participate in the GET CCR program.

- Is the GET CCR just for undergraduate students?
  - No! Both undergraduate and graduate students at UC San Diego are eligible to participate.

- Can I get credit for something I already attended?
  - Yes! If it was during the current academic year, you can add the event to your GET CCR Tracker. Provided your attendance can be confirmed by the event host, it will count toward the 30-hour requirement.

- Can I request that an activity count for CCR credit?
  - Yes! Please complete the **GET CCR Petition Request Form** for an activity to be considered for GET CCR eligibility. Note that you will need a staff member to validate your participation.

# Questions?

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