

Today's session is on:

# Getting Involved as an International Graduate Student

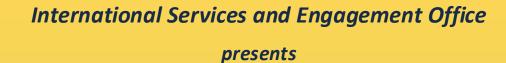
We'll get started soon!

While you wait, follow us on Instagram for the latest updates!

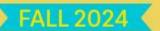






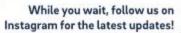














(O) @istudents.ucsd



### Introduction

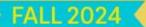


Kathleen McLaren

**Intake Advisor** 







## **Before We Begin**



Fill out the survey at the end of today's session to be entered into a gift card giveaway!

While you wait, follow us on Instagram for the latest updates!



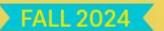
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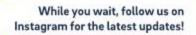








# Getting Involved as an International Graduate Student









## Today's speakers...



Weronika Matysik – **GEPA** 

Kelsi Dantu – **GFH CONNECT** 

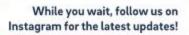
Jai'lyn Richardson and Breana Clark - GPSA

Sai Krishna Bhamidipati - ISEO













#### Student Life at GEPA

Weekly eNewsletter Messages and **Events** 

Wednesday Workshops





https://tinyurl.com/ucgradevents







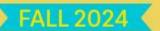






gradlife@ucsd.edu



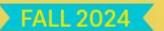


If you were to take your neighbor to your hometown for a day, what would you do?

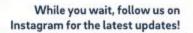
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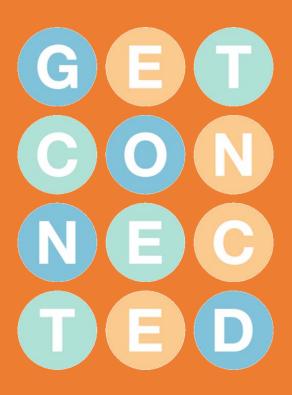
# GFH CONNECT (Grad & Family Housing)











## UC San Diego

RESIDENTIAL, RETAIL AND SUPPLY CHAIN SERVICES

**GFH CONNECT** 



Our GFH CONNECT team is committed to delivering programs that foster holistic development for Grad and Family Housing residents while building a welcoming, thriving community. We strive to ensure our events reflect the diversity of our communities and align with UC San Diego's Principles of Community.



- Programming and Community
   Development
- Student Conduct
- Assessment









## GFH CONNECT Team

- Program and Community Development Manager
  - Dane Paracuelles
- Program and Community Development Coordinators (3)
  - Steffi Huynh
  - Jap Padilla-Coley
  - TBD
- Program and Community Development Assistant (1)
  - Kelsi Dantu
- Community Assistants (15)
- Graduate Assistant (1) [vacant]
- BGELLC Community Liaison (1)



#### GFH CONNECT MODEL

#### GFH CONNECT Programming Model

- Creating a Sense of Belonging
- Optimizing Professional & Life Skills
- Nurturing Interpersonal Relationships & Emotional Wellness
- Navigating Campus Resources
- Encouraging Physical Health & Wellbeing
- Cultivating Inclusion
- Teaching Social Responsibility



### Current Programming + **Newsletters**





#### SPLASH-TASTIC FUN: KIDS' WATER PLAY PARTY



#### August 10th | 11am | Splash Pad (in front of the Mesa Nueva office)

Join us for a fun, exciting splash party filled with snacks, laughs and amazing company! Cool off from the summer heat with water toys and our graduate housing splash pad. Don't forget to bring a towel! RSVP by August 6th. While everyone is welcome, this program's activity is intentionally curated for young children. All children must be accompanied by an adult.

Brought to you by your Community Assistants, Karen and Nicole

For more information regarding this event, please contact afhconnecteucsd.edu. If you require any accommodations to participate in this event, please contact afhconnecteucsd.edu no later than two weeks advance of the event.





### **CURRENT Programming + NEWSLETTERS**

#### **INSIDE OUT 2 MOVIE** NIGHT



#### July 23rd | Evening Time | AMC at UTC \*Movie time will be selected based on RSVPs\*

Join us for an exciting evening at the AMC Theaters at UTC Westfield Mall on Tuesday, July 23rd, as we explore the mind of teenager Riley in Disney and Pixar's "Inside Out 2". Experience Joy, Sadness, Anger, Fear, and Disgust encountering new emotions like Anxiety in this humorous adventure.

Please RSVP by Friday, July 19th, as spots are limited and will be allocated on a first-come, first-served basis. Transportation will not be provided. Some of us will be walking from graduate housing, or you can meet us at UTC. If the event is full, you will be placed on a waitlist. Brought to you by your Community Assistants, Ammal & Heidy



For more information regarding this event, please contact gfhconnect@ucsd.edu. If you require any accommodations to participate in this event, please contact gfhconnecteucsd.edu no later than two weeks advance of the event.



#### **SUN-PRINTS: COMMUNITY CYANOTYPE WORKSHOP**



#### Sat, Aug 10 ~ 4:00-5:30pm ~ OMS Lawn

Learn how to use the sun to make beautiful, blue prints of plants and drawings during this cyanotype workshop. Join CA artists Joe and Sarah for an afternoon of alternative photography experimentation and bring home your own cyanotype exposure!

RSVP by August 6, 2024 for this family-friendly workshop with this QR code. Workshop participants will take home their own completed cyanotype prints. first come first serve, and while supplies last.

> For more information regarding this event, please contact gfhconnect@ucsd.edu. If you require any accommodations to participate in this event, please contact afhconnecteucsd.edu no later than two weeks advance of the event.



#### 000

#### **SUMMER SOCIAL: POOLSIDE CONNECTION**



#### Friday, August 2nd | 7-9pm Mesa Nueva Lawn Area (next to pool)

Come join us for a fantastic evening of fun and community at our Summer Social! This event is a perfect opportunity for all residents to mingle and for new residents to meet their fellow neighbors.

Enjoy lively music, fun lawn games, light refreshments, and tasty snacks while supplies last.

Don't miss out on the chance to make new friends and strengthen our community bonds. Everyone is welcome, and we can't wait to see you there!

Use the QR code to RSVP.

Brought to you by your Community Assistant, Nicole.

For more information regarding this event, please contact gfhconnecteucsd.edu. If you require any accommodations to participate in this event, please contact UC San Diego afhconnecteucsd.edu no later than two weeks advance of the event. HOUSING - DINING - HOSPITALIT Graduate and Family Housing





### Programming - Marquee









## CAMPUS PARTNERS COLLABORATIONS AND PARTNERSHIPS

- SHS Stress-Free Healthcare Spring 2023
- Econauts *quarterly programs*
- FitLife quarterly programs
- Women's Center *Spring 2023*
- Writing Hub *quarterly programs*
- Triton Food Pantry *quarterly programs*
- Catering *quarterly programs*
- CAPS/GAPSWell -quarterly programs
- Craft Center quarterly programs
- CERT *Fall 2022 and Spring 2023*
- HDH Community Garden Fall 2022 and Winter 2023



























## Black Graduate Experience Living & Learning Community

- Black Graduate Experience LLC (BGELLC)
- BGELLC launched in Fall 2021. This community is located within the Capa building of Nuevo East.
- The purpose of the **BGELLC** is to be an optional, residential community designed to assist Black graduate students who can, through mutual support and **shared living**, affirm and celebrate Black scholarly excellence and Black culture in its various expressions. Community and collectivism undergird the goals of the BGELLC which are to,
  - Address issues of concern to Black graduate students living in campus-provided housing by providing an inclusive space that emphasizes community and social justice
  - Foster graduate scholarship, excellence, and achievement through **meaningful programming that promotes pro- Black connections and celebration**, shared personal and scholarly experiences, and life-long relationships
- Campus partners connected to the BGELLC:
  - Black Graduate and Professional Student Association (BGPSA)
  - Black Resource Center (BRC)
  - Division of Graduate Education and Postdoctoral Affairs (GEPA)











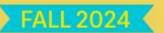


Thank you! Email us at gfhconnect@ucsd.edu

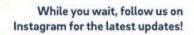
UC San Diego
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What's your favorite way to relax after a long day?

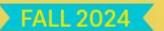




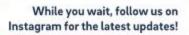


















GRADUATE & PROFESSIONAL STUDENT ASSOCIATION

UC SAN DIEGO

#### What We Do

The GPSA exists to advocate for the rights and interests of our diverse community, to provide for the enjoyment of social, cultural, and service-oriented events, and for the betterment of academic and non-academic life of all graduate and professional students at UC San Diego.

- Advocate for 8,000+ Graduate Students' needs (Local, State, and National Levels)
- Build Community for Graduate and Professional Students
- Connect the Graduate Population to Resources on cmapus
- Create and promote professional development and leadership opportunities

#### 2024 - 2025 GPSA Executive Team

7 elected officials that are supported by 22 appointed officers and their committees

**President** - Jai'lyn Richardson

**VP Academic Affairs** - Sana Ali

**VP Campus -** Yinda (Harry) Zhu

**VP Diversity, Equity, & Inclusion** - Vacant

**VP Financial Affairs** - Stacy Khaing

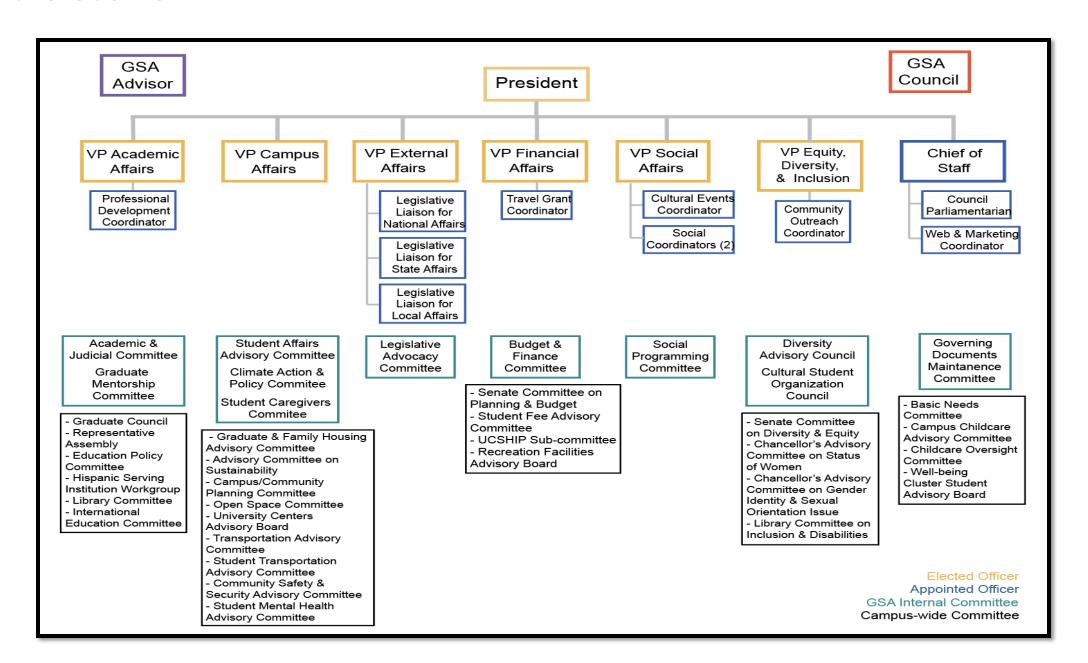
**VP External Affairs** - Yuhe (Gloria) Mu

**VP Social** - Patiemma Rubio

**GSA Chief of Staff** - Sanika Chaudhari

**GSA Advisor** - Breana Clark

#### **GPSA Structure**



#### **GPSA Council vs GPSA Committees**

#### **GPSA Council**

- Made up of student representatives from every department & division
  - Appointed by their department/division

#### **GPSA Committees**

- Small groups on specific areas of student life, from sustainability to social programming
- Address and advise on specific student governance and committee related issues

#### **Connect with GPSA**

Website: <a href="https://gpsa.ucsd.edu">https://gpsa.ucsd.edu</a>

Contact: <a href="mailto:contact@gsa.ucsd.edu">contact@gsa.ucsd.edu</a>

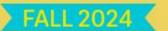
Instagram: @ucsd.gpsa

GPSA Linktree: <a href="https://linktr.ee/gpsaucsd">https://linktr.ee/gpsaucsd</a>

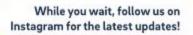


Committee openings will be announced soon!





What's a skill you've always wanted to learn but haven't yet?

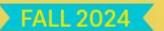






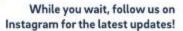










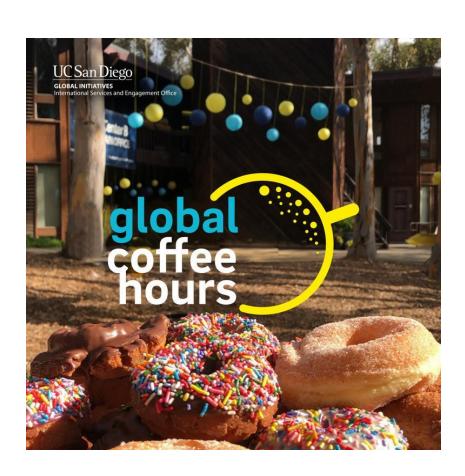








### iOrientation Events



#### https://ievents.ucsd.edu

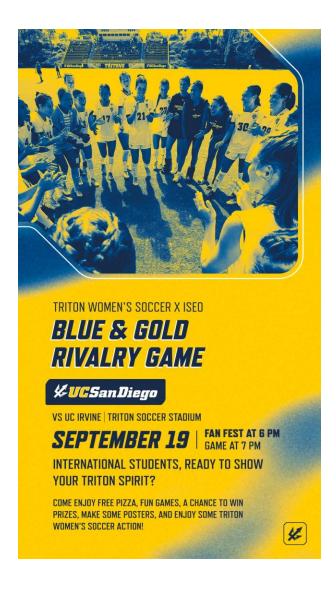
#### **Global Coffee Hours**

- Monday, September 16th: 10:00 am 11:00am
- Wednesday, September 18th:10:00 am 11:00am
- Friday, September 20th: 8:00 am 9:00am
- University Center 409 Dance Hall
- GET CCR eligible!

### iOrientation Events

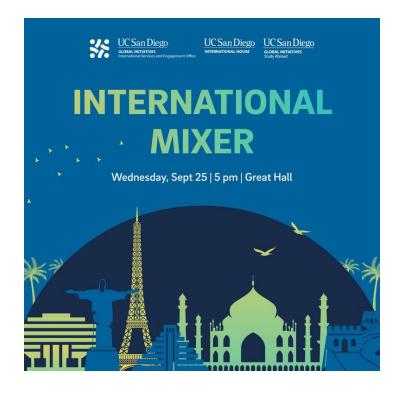






https://ievents.ucsd.edu

GET CCR eligible!



#### FALL 2024 (

### iOrientation Events https://ievents.ucsd.edu









#### iEvents.ucsd.edu















### **GET CCR Program**

GETCCR.ucsd.edu



#### iEvents Calendar

iEvents.ucsd.edu

#### iEvents Calendar

This page has a friendly link that's easy to remember: ievents.ucsd.edu

If you are a student, events labeled with the tag #GetCCR count towards your <u>Co-Curricular Record</u>. Learn more at <u>GETCCR.ucsd.edu</u>. The central audience for iEvents consists of international students and scholars. Check out our <u>population information</u> if you are not sure of which audience you are!



## Questions?

#### UC San Diego

**GLOBAL INITIATIVES** 

International Services and Engagement Office

Website: iStudents.ucsd.edu

Contact: iContact.ucsd.edu







## Survey

## NEW INTERNATIONAL STUDENT ORDENTATION

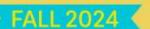
Please take a moment to fill out this survey so we can better serve you.



#### **Final Reminders**

- Submit your Check-In Form via iPortal
- Register for other sessions at iEvents.ucsd.edu
- You can always contact ISEO via iContact.ucsd.edu





# Follow us on Social Media! @istudents.ucsd









