International Services and Engagement Office

presents

UC San Diego
GLOBAL INITIATIVES
International Services and Engagement Office

FALL 2024

NEW INTERNATIONAL STUDENT ORIENTATION

Today's session is on:

Working in the U.S.

We'll get started soon!

While you wait, follow us on Instagram for the latest updates! | @istudents.ucsd

International Services and Engagement Office

presents

UC San Diego
GLOBAL INITIATIVES
International Services and Engagement Office

FALL 2024

NEW INTERNATIONAL STUDENT ORIENTATION

Welcome!

While you wait, follow us on Instagram for the latest updates! | @istudents.ucsd

Introduction

Grace Fuller
Manager, International Experience and Engagement
International Services and Engagement Office

International Services and Engagement Office

presents

UC San Diego
GLOBAL INITIATIVES
International Services and Engagement Office

FALL 2024

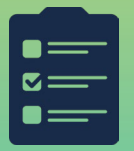
NEW INTERNATIONAL STUDENT ORIENTATION

Before We Begin

You are in listen-only mode. You can hear us, but we can't hear you.

We're recording.
You'll be able to view this webinar recording at iNewStudentWebinars.ucsd.edu

Ask questions – Use the Q&A feature to submit questions. You can also contact us at iContact.ucsd.edu



Fill out the survey at the end of today's session to be entered into a gift card giveaway!

While you wait, follow us on Instagram for the latest updates! | @istudents.ucsd

International Services and Engagement Office

presents

UC San Diego
GLOBAL INITIATIVES
International Services and Engagement Office

FALL 2024

NEW INTERNATIONAL STUDENT ORIENTATION

Working in the U.S.

While you wait, follow us on Instagram for the latest updates! | @istudents.ucsd

Staff Introduction

Pauline Deguzman

Assistant Director

International Student Services

Agenda

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

1. What is ‘Employment Authorization’?
2. Types of Employment for International Students
3. Timeline & Eligibility
4. Applying for Work Authorization
5. Resources

FALL 2024

NEW INTERNATIONAL STUDENT ORIENTATION

What is Employment Authorization?

ISEO

Employment Authorization Defined

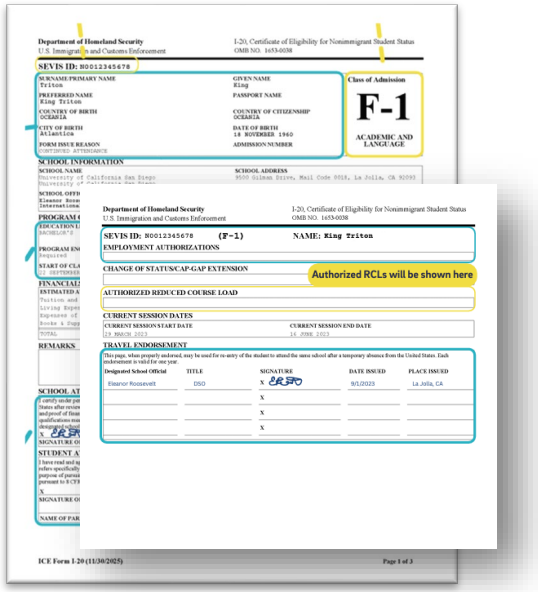
International Students on an F-1 Visa or J-1 Visa have the benefit of working in the U.S. during and after their program of study. However, depending on **when and where** you work, you will need to ensure you have the **proper permission** shown on a specific **document** **before** you begin working!

This document that reflects your permission to work is known as your **Employment Authorization.**

Forms of Employment Authorization

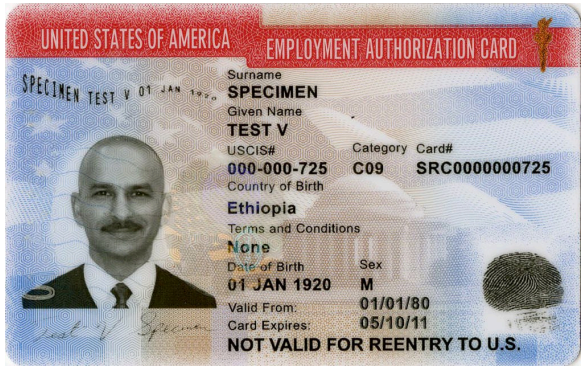
FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

Notation or valid F-1 Form I-20

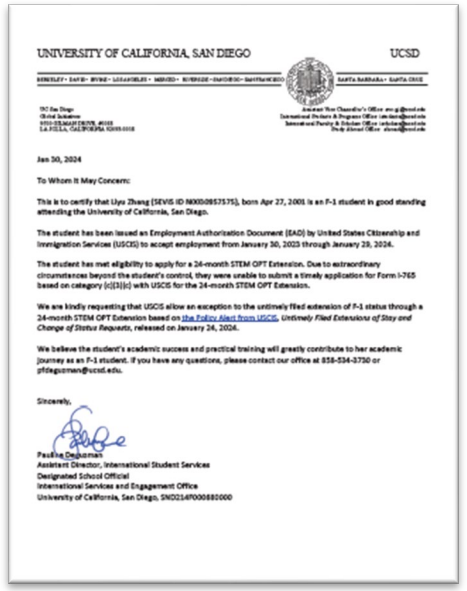


Notation or valid J-1 Form DS-2019

Employment Authorization Document (EAD Card)



ISEO Support Letter



Forms of Employment Authorization

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

Note, your Social Security Number (SSN) or Social Security Card **is NOT** a form of employment authorization!

FALL 2024
NEW INTERNATIONAL STUDENT
ORIENTATION

What *kinds* of employment can I engage in?

ISEO

F-1 Employment

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

DURING PROGRAM (Maximum of 20 hours a week during academic year, may work full-time during vacation/breaks)	AFTER PROGRAM (Minimum 20 hours a week)
On-Campus Employment *Graduate Student Research, Teaching Assistants, Fellowships, the UCSD Bookstore or Price Center.*	**Post-Completion Optional Practical Training (OPT)** • *Non-Student Appointments (Post-Doc Research or Instructor)* • *Off-Campus Employment in respective field of study* • *Volunteering & Unpaid Internships*
Curricular Practical Training (CPT) *Off Campus Employment in respective field of study.*	
Volunteering & Unpaid Internships *Volunteering for non-profits or engaging in educational opportunities without expectation of pay.*	

J-1 Employment

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

DURING PROGRAM (Maximum of 20 hours a week during academic year, may work full-time during vacation/breaks)	AFTER PROGRAM (Minimum 20 hours a week)
On-Campus Employment *Graduate Student Research, Teaching Assistants, Fellowships, the UCSD Bookstore or Price Center.*	**Post-Completion Academic Training (AT)** • *Non-Student Appointments (Post-Doc Research or Instructor)* • *Off-Campus Employment in respective field of study* • *Volunteering & Unpaid Internships*
Pre-Completion Academic Training (AT) *Off Campus Employment in respective field of study.*	
Volunteering & Unpaid Internships *Volunteering for non-profits or engaging in educational opportunities without expectation of pay.*	

FALL 2024
NEW INTERNATIONAL STUDENT
ORIENTATION

When do I become eligible to work?

When can I start?

ISEO

F-1 Employment

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

DURING PROGRAM (Maximum of 20 hours a week during academic year, may work full-time during vacation/breaks)	AFTER PROGRAM (Minimum 20 hours a week)
On-Campus Employment *Can begin up to 30 days before program begins.*	**Post-Completion Optional Practical Training (OPT)** *Must have completed all degree requirements and have met the One Academic Year Requirement. Must apply within OPT Application Window.*
Curricular Practical Training (CPT) *Must complete the One Academic Year Requirement.*	
Volunteering & Unpaid Internships *Can begin up to 30 days before program begins.*	

Do not begin working until you have the proper Employment Authorization!

J-1 Employment

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

DURING PROGRAM (Maximum of 20 hours a week during academic year, may work full-time during vacation/breaks)	AFTER PROGRAM (Minimum 20 hours a week)
On-Campus Employment *Can begin up to 30 days before program begins.*	**Post-Completion Academic Training (AT)** *Must complete One-Term Requirement and have completed program. Must apply BEFORE program end date.*
Pre-Completion Academic Training (AT) *Must complete One-Term Requirement.*	
Volunteering & Unpaid Internships *Can begin up to 30 days before program begins.*	

Do not begin working until you have the proper Employment Authorization!

FALL 2024
NEW INTERNATIONAL STUDENT
ORIENTATION

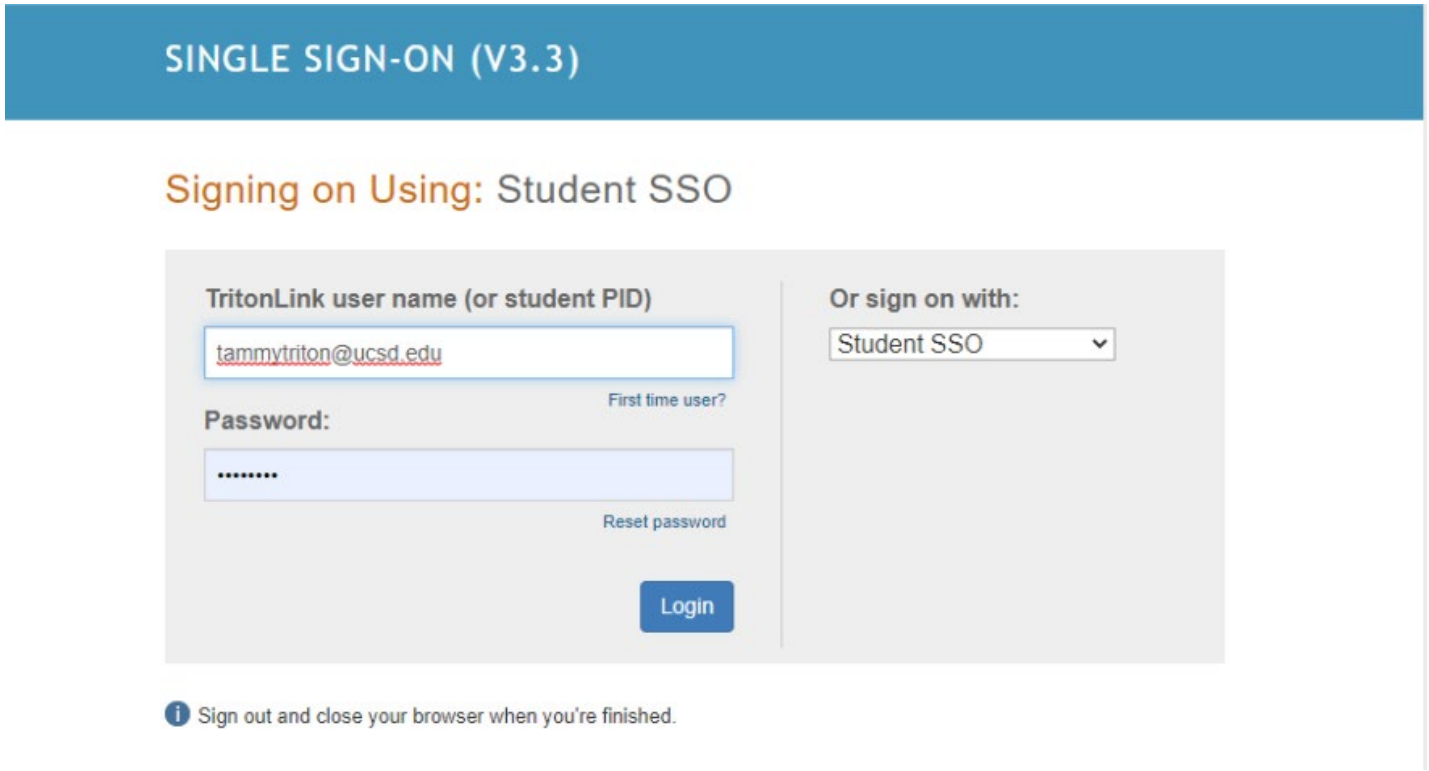
What are eligibility and application requirements?

How do I apply?

ISEO

ISEO's iPortal

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION



iPortal.ucsd.edu

ISEO's ONLINE REQUEST SYSTEM

- Applying for J-1 On Campus Employment
- Applying for AT Authorization
- Support Letters
- Applying for F-1 CPT or F-1 OPT
- Applying for SSN Support Letters

Eligibility: F-1 On Campus Employment

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

Basic Eligibility

- Can begin up to 30 days before program begins
- Job can be paid or unpaid
- No specific course requirement
- Job does **not** need to be related to major
- 20 hours or less during academic year

Application

- N/A

Employment Authorization

F-1 Form I-20. Do not need prior authorization from ISEO as long you hold and maintain a valid F-1 Form I-20. Show I-20 to on-campus hiring department.

iWork.ucsd.edu

Eligibility: F-1 Off-Campus CPT

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

Basic Eligibility

CPT.ucsd.edu

- Must have met the One Academic Year Requirement
- Must be a PAID job
- Must be enrolled in a specific course in the term you wish to engage in AT Off-Campus Employment.
- Job must be related to major
- 20 hours or less during academic year

Application

- Job Offer Letter + Proof of Enrollment/Summer Co-Op Agreement
- Submit iPortal Request for F-1 Curricular Practical Training

Employment Authorization

F-1 Form I-20. Students will receive a notation on the 2nd page of their Form I-20 with authorized dates of employment and employer name. Show F-1 Form I-20 to CPT Employer.

Eligibility: F-1 OPT

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

Basic Eligibility

- Must have met the One Academic Year Requirement
- Must have completed degree requirements
- Can be paid or unpaid.
- Future Job must be related to major
- Must apply during OPT Application Window

OPT.ucsd.edu

Application

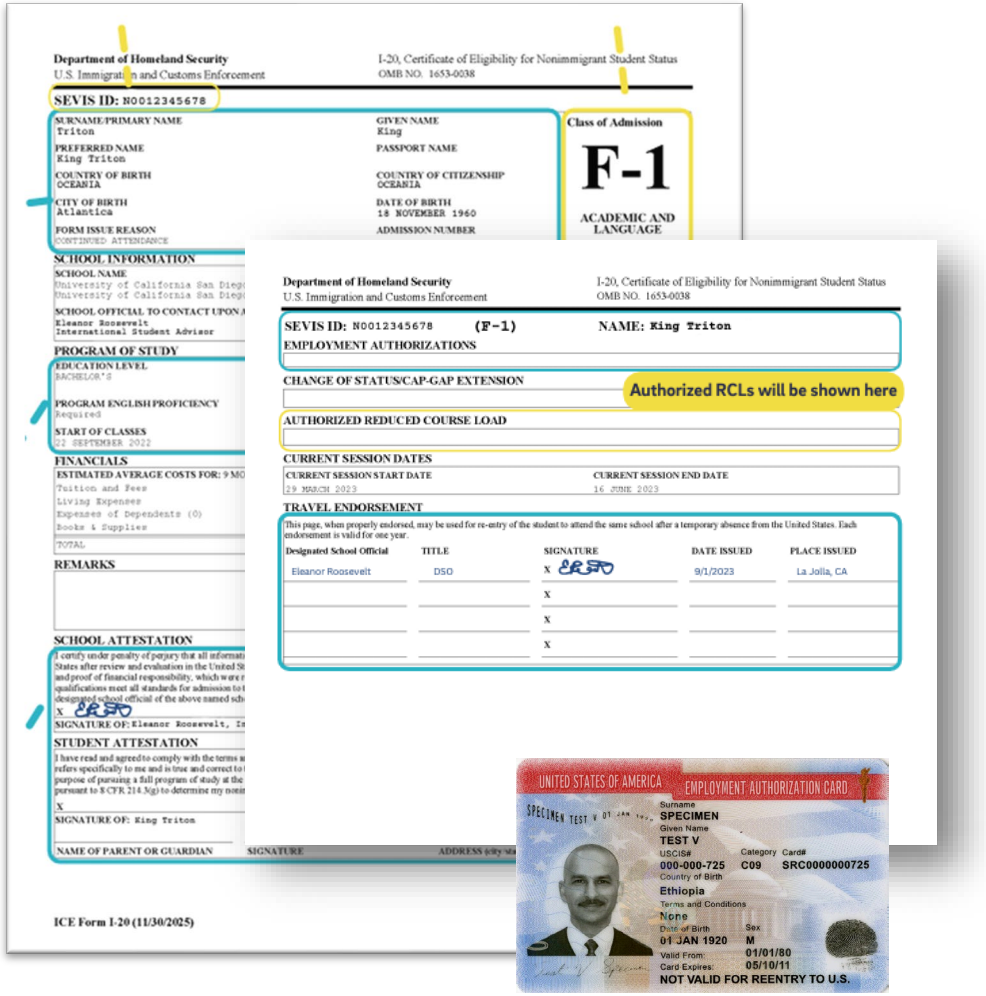
- No job offer required
- Submit iPortal Request for F-1 Optional Practical Training
- Submit a complete OPT Application to United States Citizenship and Immigration Services (USCIS).

Employment Authorization

Employment Authorization Document (EAD Card) issued by USCIS. Show EAD Card to OPT Employer.

F-1 Employment Tips

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION



- Research eligibility and requirements at least 3 months before you plan on working.
- Plan ahead! You cannot start working until AFTER you have received the proper work authorization which can take time.
- Do NOT begin working without authorization.

Eligibility: J-1 On Campus Employment

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

Basic Eligibility

- Can begin up to 30 days before program begins
- Job can be paid or unpaid
- No specific course requirement
- Job does **not** need to be related to major
- 20 hours or less during academic year

iWork.ucsd.edu

Application

- Must have offer letter from on-campus hiring department
- Submit iPortal Request for J-1 Permission Support Letter

Employment Authorization

J-1 Permission Support Letter from ISEO

Eligibility: J-1 Pre-Completion AT

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

AT.ucsd.edu

Basic Eligibility

- Must have met the One Academic Quarter Requirement
- Job can be paid or unpaid
- Must be enrolled in a specific course in the term you wish to engage in AT Off-Campus Employment
- Job must be related to major
- 20 hours or less during academic year

Application

- Job Offer Letter from U.S. Employer + Proof of Enrollment
- Submit iPortal Request for J-1 Academic Training

Employment Authorization

J-1 Form DS-2019 with AT Notation. Students will receive a notation on the 1st page of their DS-2019 with authorized dates of employment and employer name.

Eligibility: J-1 Post-Completion AT

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

AT.ucsd.edu

Basic Eligibility

- Must have met the One Academic Quarter Requirement
- Job can be paid or unpaid
- Must have completed all degree requirements and apply BEFORE program ends.
- Job must be related to major
- Must work a minimum of 20hrs/week.

Application

- Job Offer Letter from U.S. Employer + Proof of Degree Requirements met
- Submit iPortal Request for J-1 Academic Training

Employment Authorization

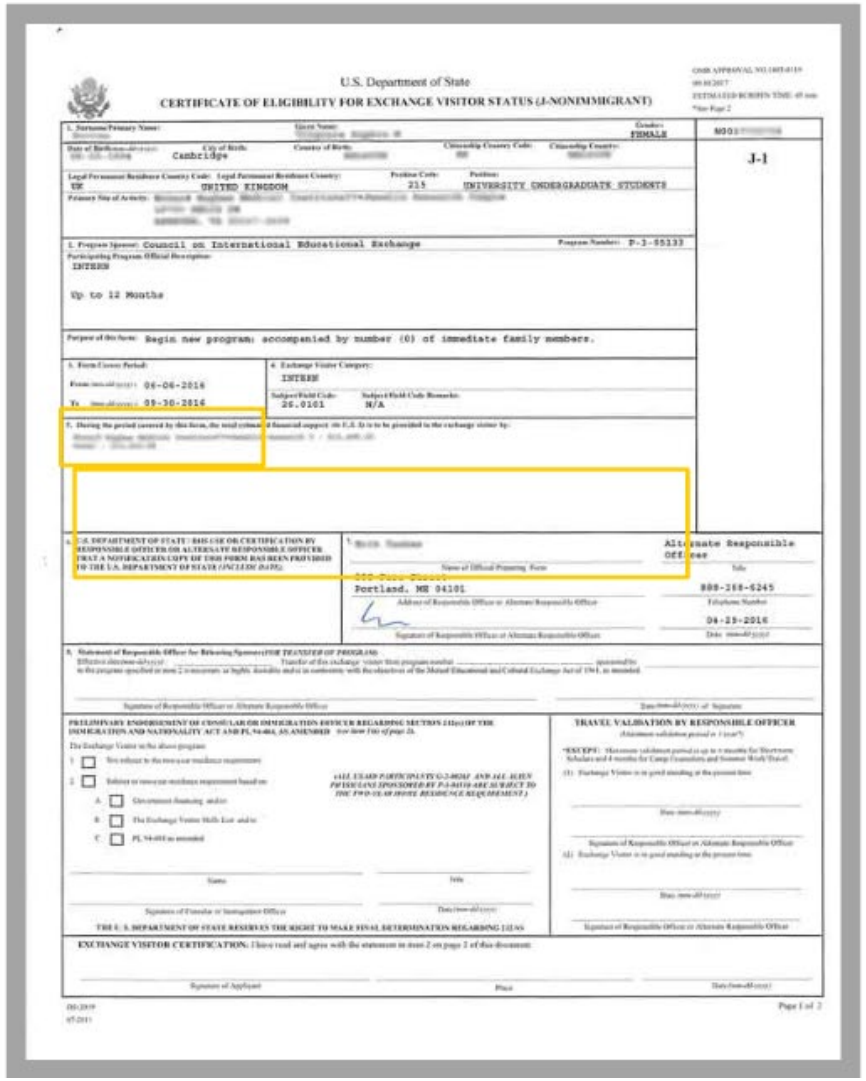
J-1 Form DS-2019 with AT Notation. Students will receive a notation on the 1st page of their DS-2019 with authorized dates of employment and employer name.

Length of Academic Training

Length of Academic Training		
Student Type	**Amount of Academic Training**	**Notes**
Bachelor's or Master's Degree-Seeking Student	Eligible for up to 18 months of AT	Total training period (including both pre-completion and post-completion) must not exceed 18 months.
Doctorate Degree-Seeking Student	Eligible for up to 36 months of AT.	Eligible for a total of 36 months of AT including both pre-completion and post-completion. Limited to 18 months of AT prior to degree completion.
Non-degree Student (EAP Reciprocity or Global Exchange)	Total training period is equal to duration of program: • 1 quarter = 3 months of AT • 2 quarters = 6 months of AT • 3 quarters = 9 months of AT	Total training period includes both pre-completion and post-completion AT

J-1 Employment Tips

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION



U.S. Department of State

CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR STATUS (J-NONIMMIGRANT)

J-1

Cambridge

UNITED KINGDOM

UNIVERSITY UNDERGRADUATE STUDENTS

Council on International Educational Exchange

P-3-05133

INTERN

Up to 12 Months

Begin new program: accompanied by number (0) of immediate family members.

INTERN

06-06-2016

09-30-2016

20.0101

N/A

Alternate Responsible Officer

Portland, ME 04101

888-268-5245

04-25-2016

- You must apply BEFORE the program end date on your Form DS-2019.
- Discuss eligibility and timeline with ISEO **at least 1 quarter** before you complete your program!

Getting a Social Security Number (SSN)

- A Social Security Number (SSN) is a 9-digit identification number, assigned by the United States (U.S.) government that is used for tax reporting purposes, and is required for F-1 and J-1 students who will be **earning money** in the U.S.

- You **must first have work authorization** from UC San Diego (On-Campus Employment, F-1 CPT, or J-1 AT) or U.S. Immigration (OPT) to apply for an SSN.

- Your SSN is issued by the Social Security Administration Office (SSA); not ISEO. However, ISEO will provide you a SSN Letter that you can submit in your application to the SSA.

- While your work authorization will eventually expire, your SSN is a unique number that is permanent and will never change. If you already have an SSN, then you do not need to apply for another one each time you obtain work authorization.

Keep in mind that obtaining an SSN is **not the same** as obtaining work authorization.

FALL 2024

NEW INTERNATIONAL STUDENT ORIENTATION

Where do I start?

Career Resources

ISEO

WHERE DO I START?

Understanding your support system
and resources available to you.

iWork.ucsd.edu

Your Support System

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

ISEO Advisor
International Students and Programs Office (ISPO)

Graduate Coordinator (GR)
Academic Department

College Advisor (UG)
Undergraduate College

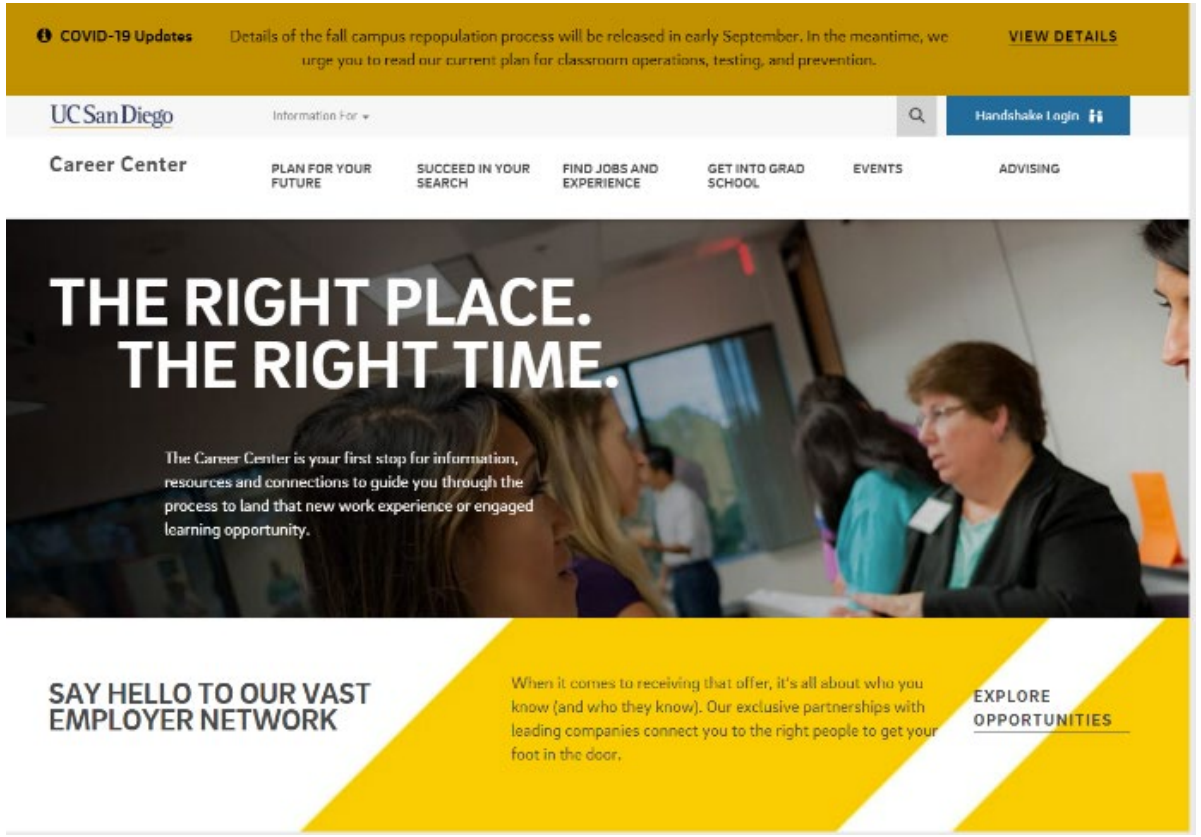
Professor or Faculty/PI
Academic Department

Career Advisor
Career Center or Academic Department

Career Center (career.ucsd.edu)

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

- Resume, Cover Letters, Virtual Interviews
- Internship Opportunities, Research Opportunities, On Campus Student Employment, Work Abroad, Advice for every field.
- Resource Fairs & Networking Events
- Job Search Tools: Handshake, GoinGlobal, External Job Search Portals (LinkedIn, Indeed)
- Planning & Preparing for Graduate Programs



Resources & Tips

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

PLAN AHEAD – Employment Authorization takes TIME!

- **iWork.ucsd.edu**
  Prepare one quarter before you plan on working.

- **Department & Faculty**
  Form connections, make impressions, start now!

- **Career Center Resources (career.ucsd.edu)**

Jessica Wilson
jdwilson@ucsd.edu

Josue Pinal
jpinal@ucsd.edu

Questions?

UC San Diego
GLOBAL INITIATIVES
International Services and Engagement Office

Website: iStudents.ucsd.edu

Contact: iContact.ucsd.edu

UC San Diego

GLOBAL INITIATIVES

International Services and Engagement Office

presents

FALL 2024

NEW INTERNATIONAL STUDENT ORIENTATION

Get Engaged!

While you wait, follow us on Instagram for the latest updates! | @istudents.ucsd

iOrientation Events

iEvents.ucsd.edu

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

Global Coffee Hours

- Monday, September 16th: 10:00 am - 11:00am
- Wednesday, September 18th:10:00 am - 11:00am
- Friday, September 20th: 8:00 am - 9:00am
- *GET CCR eligible!

iOrientation Events

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

https://ievents.ucsd.edu

GET CCR eligible!

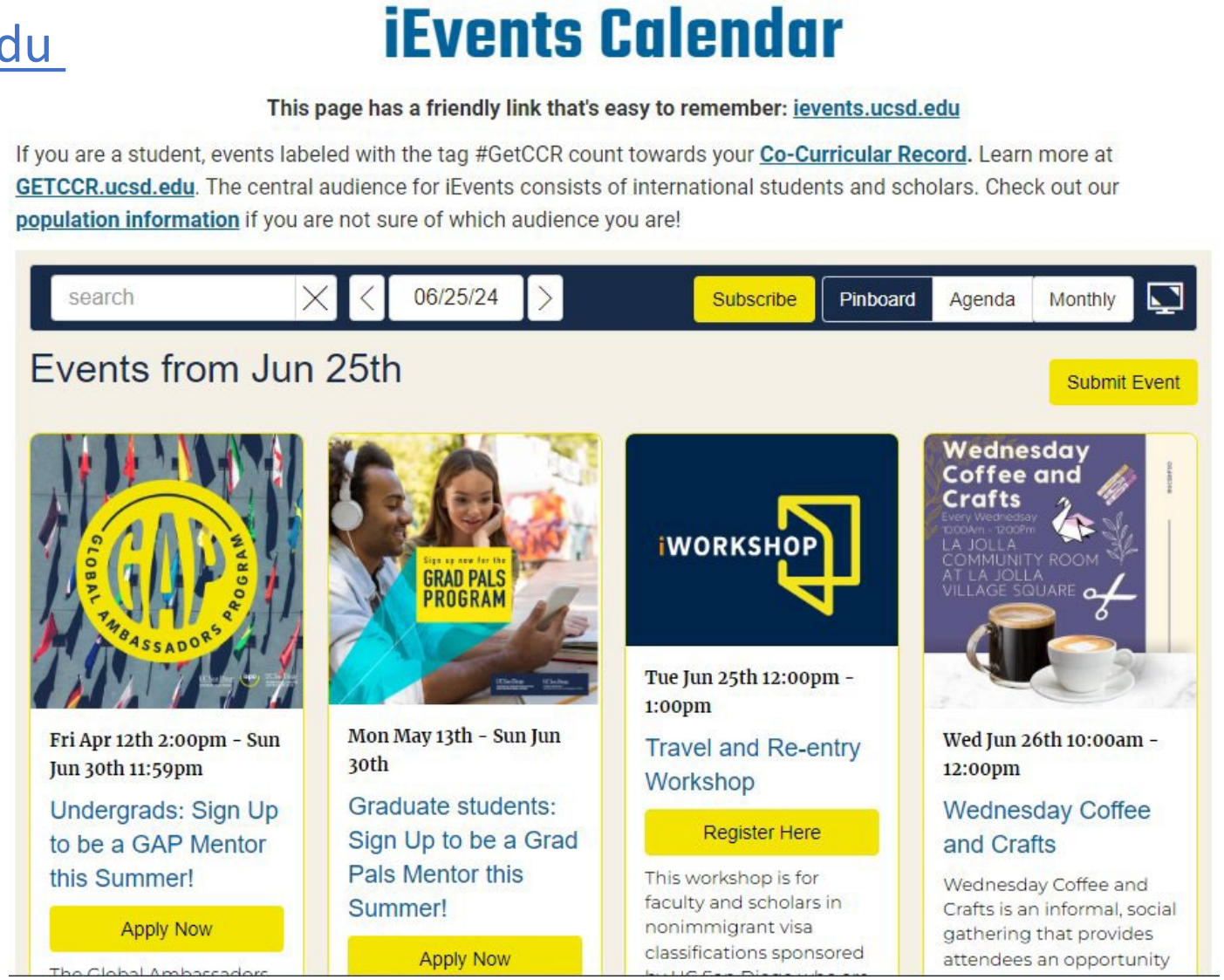
iOrientation Events

https://ievents.ucsd.edu

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

iEvents Calendar

iEvents.ucsd.edu



Survey

FALL 2024
NEW INTERNATIONAL STUDENT ORIENTATION

Please take a moment to fill out this survey so we can better serve you.

Final Reminders

- Submit your Check-In Form via iPortal (iCheckin.ucsd.edu)
- Register for other sessions at iEvents.ucsd.edu
- You can always contact ISEO via iContact.ucsd.edu

UC San Diego
GLOBAL INITIATIVES
International Services and Engagement Office

FALL 2024

NEW INTERNATIONAL STUDENT ORIENTATION

Follow us on Social Media!
@istudents.ucsd

Follow Us! | @istudents.ucsd | @iseo.ucsd | @ISEOUCSD